

New Frontiers[®] natural marketplace

Prices valid Mar. 4, 2015 - Mar. 17, 2015
While supplies last

Fresh and crisp Asparagus

Tender, flavorful shoots.

\$1.99 lb.



St. Dalfour Fruit Conserve

100% fruit spreads.

Selected varieties - 10 oz.

Also available: Gourmet Meals, selected varieties, 6.2 oz., \$2.59

\$3.39



Chino Valley Ranchers

Organic Omega-3 Eggs

Large brown, 1/2 doz.

Also available: 1 doz., \$4.99

2 for \$6



Cadia

Organic Frozen Fruit

Harvested at the peak of freshness.

Selected varieties - 10 oz.

Also available: Organic Veggies, selected varieties, 16 oz., \$2.89

\$3.29



Food For Life

Sprouted Ezekiel Bread

Slow baking blends distinctive flavors.

Selected varieties - 24 oz.

Also available: Sprouted Genesis Bread, 24 oz., \$3.99

\$3.29



Nelson Bach

Entire Product Line

Flower based essences, arnica and more.

Selected varieties & sizes.

35% off



One With Nature

Entire Product Line

Made with pure Dead Sea Minerals.

Selected varieties & sizes.

35% off



Vega

Sport Vega Sport

Plant-based sport nutrition.

Selected varieties & sizes.

30% off



Crown Prince

Sardines, Kippers or Baby Clams

Fresh from the sea to your table!

Selected varieties - 3-3.75 oz.

40% off



Miso Master

Organic Miso

The finest miso in the world.

Selected varieties - 8 oz.

Also available: Additional varieties, 16 oz., \$6.99-\$7.79

50% off



Silk

Soy Creamer

Blissfully dairy-free.

Selected varieties - 16 fl. oz.

Also available: Cashewmilk, selected varieties, 64 oz., \$3.89

30% off

Lundberg

Organic Rice Mixes

Delectable blend of rice and spices.

Selected varieties & sizes.

Also available: Rice Cakes, selected varieties and sizes: 2/\$6

2 for \$5



Blue Diamond

Almond Breeze

Rich, creamy and delicious. Dairy free.

Selected varieties - 32 fl. oz.

\$2.39

Seventh Generation

Home and Baby Care

Healthy products for healthy homes.

Selected varieties & sizes.

40% off



groceries

Back To Nature

Cookies or Grahams

Delicious tastes and flavors of nature.

Selected varieties & sizes.

Also available: Nut Mixes and additional cookies, selected varieties, 6.4-10 oz., \$4.29-\$7.29

\$3.59



Barbara's Cereal

Optimal nutrition & taste. Selected varieties & sizes.

2 for \$6

Once Again

Organic Peanut Butter

Gourmet nut butters.

Selected varieties - 16 oz.

Also available: Organic Cashew Butter, 16 oz., \$9.99

\$5.99



Cabo

Tortilla Chips

Kettle cooked from stone ground tortillas.

Selected varieties - 5.5 oz.

Also available: additional varieties, 1.5 oz., \$1.19

\$3.29

Annie's Naturals

Salad Dressings

Rich and robust flavors.

Selected varieties - 8 oz.

Also available: Organic Dressing, selected varieties, 8 oz., \$3.49

2 for \$6



Traditional Medicinals Tea

Quality herbal teas.

Selected varieties - 16 bg.

\$3.99

Yulu

Yogurt

Smooth, Aussie style.

Selected varieties - 5.3 oz.

\$1.39



Califia Farms

Almond Protein Milk or Iced Coffee

Dangerously delicious.

Selected varieties - 10.5 fl. oz.

Also available: Lemonade, selected varieties, 48 fl. oz., \$3.29-\$3.99

\$2.19



Horizon

Organic Cheese Shapes

Great for snacking!

Selected varieties - 5.5 oz.

\$3.99



GT's

Organic Synergy Chia Kombucha

Delight your taste buds.

Selected varieties - 16 fl. oz.

\$2.69

Noosa

Yoghurt

Rich, velvety yoghurt.

Selected varieties - 8 oz.

\$1.89



Bob's Red Mill

Flours, Sugar or Coconut

Wholesome, quality foods.

Selected varieties and sizes.

30% off



frozen foods



Luvo

Entrees

Committed to wholesome ingredients.

Selected varieties and sizes.

\$6.29

Nature's Path

Organic Waffles

Whole grain nutrition.

Selected varieties - 7.4 oz.

\$2.79



Alexia

Potatoes

Chef inspired potatoes.

Selected varieties - 12-32 oz.

\$3.29



Start Healthy

Breakfast Sandwiches

Provide better nutrition.

Selected varieties and sizes.

2 for \$4



Laloo's

Goat's Milk Ice Cream

Naturally lactose-friendly.

Selected varieties - 1 pt.

\$6.99



fresh produce

Nut Berry Salad

Sweet, refreshing and delicious!

- 3 cups romaine lettuce, torn
- 1/2 cup blueberries
- 1/4 cup dried cranberries
- 1/4 cup sunflower seeds
- 1/4 cup walnut pieces
- 1/4 cup feta cheese
- 1/4 cup crumbled goat cheese
- 1/4 cup white balsamic vinegar
- 1/4 cup maple syrup
- 1/4 cup grapeseed oil
- salt, to taste

Toss the romaine lettuce, blueberries, dried cranberries, sunflower seeds, walnut pieces, feta cheese, and goat cheese in a large bowl.

Pour the vinegar, syrup, and grapeseed oil over the salad one at a time; toss until evenly coated. Season with salt.

Locally Grown Blueberries

Fresh picked and bursting with flavor.

4.4 oz.

\$4.99 bskt.



California

Organic Cluster Tomatoes

On the vine for better flavor.

\$1.99 lb.



California

Organic Lettuce

Romaine or Red Butter.

2 for \$3



meat

New Frontiers

Stew Meat or London Broil

No hormones or antibiotics.

\$5.99 lb.



New Frontiers

Turkey Sausage

Assorted varieties -
Made fresh in-house.

\$5.99 lb.



Orca Bay

Frozen Fish Fillets

3rd party endorsed sustainable seafood.

Selected varieties - 10 oz. pkg.

20% off



Smart Chicken

Whole Chickens

Air chilled for flavor and freshness.

*Does not include rotisserie chickens.

\$2.49 lb.



deli

Whole Earth Salad

A scrumptious toss of butternut squash, kale and tofu in a delicious lightly sweet dressing.

\$1.00 off lb.



Irish Potato Soup

A tasty broth lightly flavored with tomatoes and loaded with tender potatoes. Prepackaged in our Grab n' Go case.

\$1.00 off qt.



Ham & Leek Triangles

Natural ham, sauteed leeks, and gruyere enclosed in flaky pastry.

\$1.00 off ea.



Baked Fresh

Irish Oatmeal Cake

Moist soft cake with crunchy nut topping.

50¢ off slice



well being

MegaFood Selected Supplements

Whole food supplements.
Selected varieties & sizes.

30% off



A La Maison Body Care

Soothing lotion or fragrant soaps.
Selected varieties & sizes.

35% off



Earth Science Hair & Body Care

Extraordinary ingredients,
extraordinary results.

Selected varieties & sizes.

40% off



Giovanni Hair Care

#1 selling natural hair
care line.

Selected varieties & sizes.

45% off



Every Man Jack Hair & Body Care

High-quality, affordable
grooming products just for men.

Selected varieties & sizes.

25% off



bulk

New Frontiers Fresh Roasted Organic Mayan Trail Coffee

Shade grown - Rich mellow taste.

\$11.99 lb.



Almond Butter

Grind your own fresh. Rich in
vitamins and minerals.

\$8.99 lb.



Organic Medjool Dates

Medjool dates are loaded with
potassium, fiber, proteins and no fat.

\$7.49 lb.



SunRidge Farms Zen Party Mix

Perfect blend of nuts and crackers!

Also available: Selected snack and
trail mixes, \$7.69-\$8.59 lb.

\$5.99 lb.



March 2015						
s	m	t	w	t	f	s
			4	5	6	7
8	9	10	11	12	13	14
15	16	17				

Advertised sale prices valid Mar. 4, 2015 - Mar. 17, 2015



california

Solvang

1984 Old Mission Dr.
(corner of Alamo Pintado & Mission Dr.)

Mon-Sat: 8am-8pm Sun: 8am-7pm
805.693.1746

www.NewFrontiersMarket.com



Certified Chain of Custody
Promoting Sustainable Forestry
www.sfiprogram.org
SFI-00993

Happy St. Patrick's Day

Every year on March 17, the Irish and the Irish-at-heart across the globe observe St. Patrick's Day. What began as a religious feast day for the patron saint of Ireland has become an international festival celebrating Irish culture with parades, dancing, special foods and a whole lot of green.

Stop by New Frontiers for all your celebration needs! Don't forget to swing by the deli to try some festive dishes like our Irish potato soup or our delicious Irish oatmeal cake!