

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2016

National Pie Day
Order your holiday pies now, or just eat one for the enjoyment.



Product Demo & Tasting
1 - 3 p.m.
Wolfgang Puck soups

2

3

4

Product Demo & Tasting
12 - 2 p.m.
Back to Nature cookies with Celestial tea

5

6

Product Demo & Tasting
12 - 2 p.m.
Glutino Apple bars
So Delicious Coconut Milk

7

National Brownie Day
Have you tasted the amazing gluten-free brownies from our bakery?

8

National Cookie Day
We bake them fresh, and our shelves are packed with exciting varieties.



10

Are you planning a party? Let us help ease your stress - We make amazing party trays!

11

12

Product Demo & Tasting
12 - 2 p.m.
Dr. Praeger's Kale Littles
Hubert's Lemonade

13

Product Demo & Tasting
1 - 3 p.m.
Milton's crackers with cheese and Izze sodas

14

National Cupcake Day
Have you tried our cupcakes? They're amazing!



15

National Maple Syrup Day
It's nature's pure sweetener, and we carry a wide variety.

17

Christmas is only one week away! Have you looked at our unique and creative gift selections?

18

19

20

Winter Solstice
Winter

21

Product Demo & Tasting
12 - 2 p.m.
Angie's Holiday Popcorn
So Delicious Coconut Nog

22

Happy Festivus!

23

Christmas Eve We will be closing at 4pm.
Hanukkah begins at sundown.



Christmas Day



25

Kwanzaa begins



26

Product Demo & Tasting
11 a.m. to 1 p.m.
Nature's Path Waffles
Shady Maple Syrup
our fresh squeezed OJ

27

Product Demo & Tasting
1 - 3 p.m.
Cascadian Farm Fries
La Croix water

28

Product Demo & Tasting
12 - 2 p.m.
Pacific soup

29

National Bacon Day
Don't you wish it was every day?



New Year's Eve



31

“Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire.”

— Edith Sitwell



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New Frontiers Events & Information

New Frontiers 5% Day

To benefit Atterdag Village

Friday, Dec. 16, 2016

On the third Friday of each month, New Frontiers donates 5% of sales to a local non-profit organization. This month's recipient is Atterdag Village, which has been serving families and seniors in our community for 63 years.

Known for many years as the Solvang Lutheran Home, it was a retirement home before adding a 50-bed skilled nursing facility, followed by a 15-bed Assisted Living Facility. Expansion, additions, and changes continue to meet the growing interests and needs of its residents.

Today, Atterdag Village offers an array of amenities, activities, and services for its residents - from independent and assisted living to skilled nursing and memory care, to short-term rehabilitation. The one critical component, the Atterdag Village mission, remains steadfast and true today: To offer residents a quality of life that ensures physical, emotional, and spiritual well-being, with optimum independence in a safe and caring environment.

In addition to their commitment to the residents, Atterdag Village is committed to serving all seniors in the Santa Ynez Valley through the Meals on Wheels program.

You can help maximize our donation by shopping with us on this day.

Art in the Deli

with Carol Kemp

all month long

We're delighted to present the works of local artists in our deli. This month, we feature works by Carol Kemp.

Carol is a painter versed in oils, acrylics, and watercolors, and a silversmith and jeweler who teaches multiple classes on the varying media. She also does 3-D assemblage work including art books and other forms. Exploring not just different mediums but also different genres, Kemp's intention is to use art to strengthen her personal relationship with Source energy.

"I have always been aware of a communion with something larger than the small me," she said, "and creating becomes a vehicle to let go and let God guide me through this creative process we call ART. The work is definitely a form of communion and an expression of my spirituality," she said. "You could say it's a meditation where I'm connecting with something beyond me that we're all a part of, and that's what drives me."

Kemp leads classes that pair journaling and art for personal spiritual exploration.

"I think each and every one of us is here to wake up and discover that we are so much more than just this body that we feel," she said. "That's why I teach too, I really love showing people how to find that place of creativity within ourselves. All of us are creators."

Experience NYC in SYV!

People often rave about how great New York City is during the holidays; now you can experience New York City in the Santa Ynez Valley - at New Frontiers! Experience the sounds of the city, including jackhammers busting concrete, trucks loading and unloading, demolition and construction. replete with all the dust one would expect in the Big Apple.

Come into our deli and enjoy fresh-baked bagels, or relish a piece of our artfully made cheese cake. It's not New York style, but we love it, and we're sure you will too.

Unlike NYC, we have plenty of parking (and it's free!).

So don't let construction keep you away from the best salad bar in the Valley, the largest selection of local and organic produce, the most tender and tasty hormone- and antibiotic-free meat, the freshest seafood, and a caring community of people.

At New Frontiers, we're (still) all about Your Quality of Life.

Holiday Gift Giving

During this season of giving, come to New Frontiers for a delightful selection of gifts for everyone on your list. For foodies, we have fine chocolates and organic, fair trade tea and coffee, or artisan cheese to pair with unique fruit spreads on gourmet crackers. Treat someone to a home spa experience with aromatherapy bath salts, eye pillows, foot scrubs, lotion, naturally scented candles, and more.

Books make great gifts, including *A Muse Came to Dinner*, written by New Frontiers' very own Chef Anne Bunch, with recipes featured in our deli. Take a look at our selection of luxurious scarves and hats. And if you just can't decide, a New Frontiers Gift Card lets them know you care.

Add Enjoyment With Cheese

Our little store carries a great selection of artisan and farmstead cheeses. Explore our artisan cheese case and see what treasures you find.

Camembert – similar to Brie but with slightly more flavor; soft and creamy, the crust is edible; the flavor becomes stronger and the interior becomes softer and creamier as the cheese ages. It's delicious with crackers, bread, fruit or dessert.

Kerrygold Dubliner – A mature cheese with elements of a fine Cheddar, nutty quality of a Swiss and the piquant bite of aged Parmesan, Dubliner is crafted in Ireland with milk from grass-fed cows raised on small family farms. No growth hormones are used.

Kickapoo Blue Cheese from Organic Valley is a blue ribbon winner several times over. This handcrafted artisan cheese is a richly marbled, crumbly young cheese perfect for pairing with apples and walnuts.

All of these cheeses pair well with a crisp, sweet apple such as Jonagold, Honeygold or Fuji, and a glass of Knudsen Sparkling Fruit Juice.



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