

New
Frontiers
 natural
 marketplace

MAKE SUMMER DELICIOUS



Organic Large Peaches

California grown

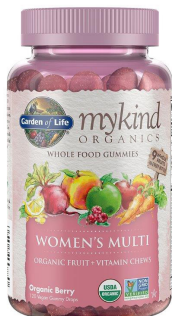
\$2.99 lb.

Garden of Life

myKind Organics Gummy Vitamins

Select varieties - 120 count

\$24.49



Beeler's Pure Pork

St. Louis Style Pork Ribs

Hormone and antibiotic free

\$4.99 lb.



Made to order

BBQ Blackened Chicken Sandwich

Smoky, savory and delicious

\$2.00 off ea.

Coolhaus

Ice Cream Sandwiches

Select varieties - 5.2-5.8 oz.

\$3.99



Angie's

Boom Chicka Pop

Select varieties - 4.4-7 oz.

\$3.19





Organic Sweet Corn

California grown

4 for \$3

Schmidt's

Deodorant

Select varieties - 2-3.25 oz.

25% off



Smart Chicken

Breast Fillets

Boneless & Skinless

\$5.99 lb.

Silk

Almondmilk

Select varieties - 64 fl. oz.

\$3.29



Spicy Chicken Soup

Available in our Grab'n Go

\$1.00 off qt.

Boulder Canyon

Potato Chips

Select varieties - 5 oz.

\$2.29



Organic Valley

Organic Cheese

Select varieties - 8 oz.

\$4.99

Clif

Clif Bar



Select varieties - 1.62-2.4 oz.

2 for \$3

Locally grown

Green Beans

Organic

\$2.99 lb.



Inko's

Organic Iced Tea

Select varieties - 16 fl. oz.

2 for \$4



Good Culture

Organic Cottage Cheese

Select varieties - 5.3 oz.

\$1.79



Dr. Bronner's

Castile Soap

Select varieties & sizes

30% off



Hint Water

Infused Water

Select varieties

15-16 fl. oz.

2 for \$3



Brown Cow

Yogurt

Select varieties - 5.3-6 oz.

89¢



Bulk

Organic Yellow Popcorn

A low calorie snack

\$1.49 lb.

Navitas Organics

Organic Superfoods

Select varieties & sizes

35% off

Natural Vitality

Calm

Select varieties & sizes

35% off

House Foods

Organic Tofu

Select varieties - 12-14 oz.

\$1.59

Bulk

Flame Raisins

Organic

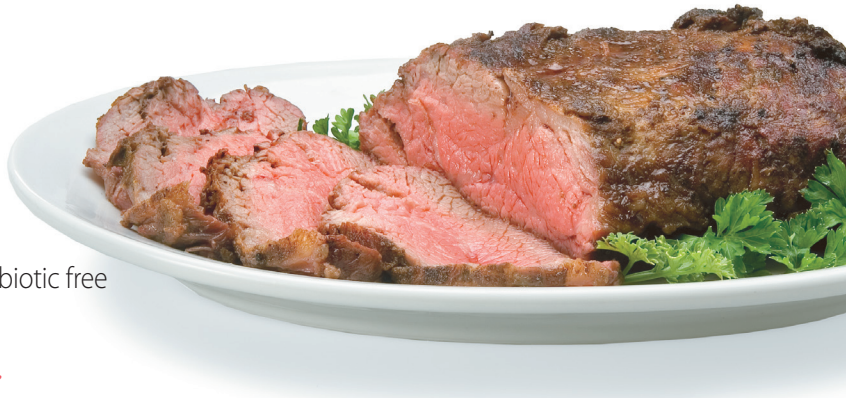
\$3.49 lb.

New Frontiers
Natural Beef

Tri Tip

Hormone and antibiotic free

\$5.99 lb.



Potato Salad

Traditional or Vegan

A Summer picnic classic

\$2.00 off lb.



Blueberries or Raspberries

Organic - 6 oz. package

\$2.99 pkg.



Wheat Montana

Buns

Select varieties - 18 oz.

2 for \$6



Applegate

Beef Hot Dogs

Organic - 10 oz.

\$6.99 pkg.



Hummus Roasted Chicken Fillets

- 4 boneless, skinless chicken breast fillets
- 1 zucchini, chopped
- 1 yellow squash, chopped
- 1 medium onion, chopped
- 1 cup hummus, homemade or store bought
- 1 Tbsp. olive oil
- 2 lemons
- 1 tsp. smoked paprika
- Salt and pepper to taste

Preheat oven to 450 degrees. Prepare a large baking dish with cooking spray.

Pat the chicken dry. Season the chicken fillets with generous pinches of salt and pepper. In a large bowl, toss the zucchini, squash and onion with olive oil until evenly coated. Season with salt and pepper.

Place all of the vegetables on the bottom of the dish in an even layer. Lay the chicken fillets evenly on top, then cover each chicken fillet with the hummus. Squeeze the juice of one lemon over the chicken and vegetables. Then sprinkle the pan with smoked paprika. Thinly slice the remaining lemon, and place the slices in between the chicken and vegetables if desired.

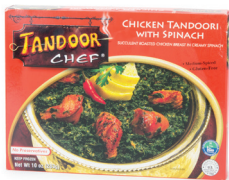
Serves 4.

Tandoor
Chef

Entrees

Select varieties - 7-10 oz.

\$4.29



Nature's
Path

Waffles

Organic

Select varieties - 7.4 oz.

\$2.89



Essentia

Water

1.5 liter

\$1.99



Earth Friendly

Dishmate

Select varieties - 25 fl. oz.

\$2.39



Bulk

Organic Rolled Oats

Great for baking

\$1.49 lb.

Xlear

Oral Care

Select varieties & sizes

30% off

Food for Life

Organic Ezekiel Bread

Select varieties - 24 oz.

\$3.99

Quantum

Lysin+

0.75 oz.

\$14.99

Oregon's Wild Harvest

Organic Herbs

Select varieties & sizes

25% off

New Frontiers natural marketplace

June 2017

			21	22	23	24
25	26	27	28	29	30	1
2	3	4	July 2017			



Kona Deep
Water

Select varieties - 33.8 fl. oz.

\$3.29



Annie's Homegrown

Bunny
Grahams
or Crackers

Select varieties - 7-7.5 oz.

\$3.29



Bakery fresh

Cheesecake
of the Day

Creamy and delicious

\$1.00 off slice

Padma's Easy Exotic

Rice
or Beans

Select varieties - 20-30 oz.

\$3.99



Kevita

Organic
Kombucha

Select varieties - 15.2 fl. oz.

\$2.29



New Chapter

Zyflamend

Select varieties & sizes

40% off



So Delicious

Non-Dairy
Frozen Dessert

Almond or Coconut - Select varieties - Pint

\$4.39

New Frontiers
Fresh Roasted

Organic
Coffee

Rift Valley Blend

\$11.99 lb.



Chosen Foods

Avocado
Oil

Select varieties
16.9 fl. oz.

\$10.99



Lifeway

Organic
Kefir

Select varieties
32 fl. oz.

\$3.59



Cadia

Organic Gelato

Select varieties - 30 oz.

\$5.59



Back to Nature

Crackers

Select varieties - 3.5-8.5 oz.

2 for \$6

