



ORGANIC CRANBERRIES

\$2.99 pkg.

8 oz. package



Garden of Life

SELECTED VITAMINS

40% off

Selected varieties and sizes



Smart Chicken

ORGANIC WHOLE LEGS

\$3.49 lb.

Air chilled for freshness and flavor



Made fresh in our kitchen

ROASTED VEGGIE LASAGNA

\$1.00 off lb.



Wholly Wholesome

PIES OR PIE SHELLS

30% off

Selected varieties and sizes

RW Garcia TORTILLA CHIPS

\$2.39

Selected varieties

7 oz.





D'ANJOU PEARS

99¢ lb. Sweet and juicy

Cascadian Farm
ORGANIC
OVEN POTATOES

\$2.79

Beeler's

Selected varieties - 16 oz.



Boiron

HOMEOPATHIC REMEDIES

25% off

Selected varieties & sizes



SOUTHWESTERN PUMPKIN SOUP

\$1.00 off qt.

Available in Grab 'n Go



HICKORY SMOKED BULK BACON

\$5.99 lb.

Nitrate free - Never, ever any antibiotics



35% off

Selected varieties & sizes





THROAT LOZENGES 35% off

Selected varieties & sizes

Kevita ORGANIC MASTER BREW

\$2.29

Selected varieties - 15.2 oz.



YUKON GOLD
POTATOES
99¢ 1b.

Organic

SweetLeaf SUGARLEAF

\$5.99

Stevia and cane sugar blend - 16 oz.



Blue Diamond

\$2.59

Selected varieties - 4.25 oz.

Paiya
YOGURT
\$1.19

Deliciously dairy-free
Selected varieties - 5.3 oz.

Green & Black's ORGANIC CHOCOLATE

2 for \$6

Selected varieties - 3.5 oz.



Weleda
BODY CARE
30% off



Selected varieties & sizes

Bulk
ORGANIC WALNUTS
\$11.99 lb.

MAGNESIUM
35% off

Selected varieties & sizes

5 for \$5Selected varieties
14.5-15 oz.

Muir Glen

Eden
ORGANIC BEANS
2 for \$4
Selected varieties - 15 oz.

Selected varieties - 64 fl. oz.

New Frontiers Natural Beef STANDING RIB ROAST \$11.99 lb.

Hormone and antibiotic free





ROASTED **CARROT & FETA SALAD** \$1.00 off lb.



Selected varieties - 7-8 oz.



ORGANIC **GARNET YAMS** 99¢ lb.



PORK SAUSAGE

\$4.99 lb.

Made right here - Selected varieties

MAPLE AND BROWN SUGAR **ROASTED BACON**

12 slices thick-cut bacon

¼ cup maple syrup

¼ cup dark brown sugar

Preheat the oven to 400 degrees F. Line a rimmed baking sheet with foil and place a wire rack on top. Spray the rack with non-stick cooking spray. (If you don't have a rack, the bacon can be made by placing it directly on a sheet pan lined with foil or parchment. The bacon will take longer to crisp, so adjust baking time accordingly.) Place the bacon in a single layer on the rack. Brush both sides of the bacon with maple syrup. Place the brown sugar on a plate and gently press one side of the bacon into the brown sugar; replace on rack with the sugar side facing up.

Place the bacon in the oven and bake for about 20 minutes, or until browned and crisp. Serves 3-4.



Cascadian Farm ORGANIC VEGGIES

\$2.29

Selected varieties - 16 oz.

De Cecco PASTA \$2.59

Selected varieties - 12-17.5 oz.



Celestial Seasonings SEASONAL TEAS

\$2.89

Selected varieties - 20 bags

CELESTIA





\$6.49

Gluten free - Vegan Selected varieties & sizes

Bulk **ORGANIC** UNBLEACHED FLOUR \$1.29

For all your baking needs

Herbs Etc. HERBAL REMEDIES

30% off

Selected varieties & sizes

Castello CHEESE

\$4.29

Selected varieties - 7-8 oz.

Arriba SALSA \$3.19

Selected varieties

16 oz.

Bulk **ORGANIC** FLAME RAISINS \$3.49 lb.



November 2018

			14	15	16	17
18	19	20	21	22	23	24
25	26	27				



Naturewise ORGANIC **ASHWAGANDA ENERGY DRINKS**

Selected varieties - 12 fl. oz.

CLOVER



Annemarie Börlind

ENTIRE PRODUCT LINE

20% off

Save 20% on ALL Annemarie Borlind products



Deli fresh

CRANBERRY SAUCE

\$1.00 off lb.



ORGANIC GELATO

\$5.49

Selected varieties - 30 oz.

Clover ORGANIC BUTTER

\$6.49

Selected varieties - 16 oz.



Immaculate Baking Co.

ORGANIC CRESCENT ROLLS

\$2.39

Ready to bake - 8 oz.

Lucini Italia EXTRA VIRGIN **OLIVE OIL** 30% off

Selected varieties - 500 ml



Greek Gods YOGURT

\$3.99

Selected varieties - 24 oz.



Giovanni HAIR CARE 35% off

Selected varieties & sizes



Farmers Market **PUMPKIN**

\$2.29

Selected varieties - 15-16 oz.



ORGANIC CHEESE

\$4.69

Selected varieties - 8 oz.