



Locally grown

ORGANIC ROMAINE LETTUCE

2 for \$3



 $\frac{\text{PROBIOTICS}}{25\% \text{ off}}$

Selected varieties and sizes



Smart Chicken

ORGANIC DRUMSTICKS

\$2.69 lb.

Air chilled for freshness and flavor



Fresh from our deli

SPRING RISOTTO CAKES

\$1.00 off lb.



Alden's

ORGANIC ICE CREAM BARS

\$3.99

Selected varieties and sizes - 3 or 4 ct.



Annie's Homegrown

MAC & CHEESE

2 for \$3

Selected varieties - 5.25-6 oz.



ORGANIC PEACHES \$2.99 lb.

C20

COCONUT WATER

2 for \$3

Selected varieties 17.5 fl. oz.



Niman Ranch

APPI FWNNN SMOKED UNCURED BACON

\$7.49 pkg.

No sugar - 12 oz. package



Once Again **NUT BUTTERS**

40% off

Selected varieties - 12-16 oz.



Once Again

GAZPACHO

\$1.00 off qt.

Available in our Grab 'n Go - Quart



Daiya

DESSERT BARS

\$4.29

Deliciously dairy-free

Selected varieties - 7.8 oz.



PERFECT BAR

\$1.99

Selected varieties 2.2-2.5 oz.

Daiya **GREEK YOGURT** \$1.29

Selected varieties - 5.3 oz.



Organic



BLUEBERRIES & RASPBERR

\$2.99 pkg.

6 oz. package

Sweet Leaf LIQUID STEVIA

\$9.99

Selected varieties - 2 fl. oz.



San-J SAUCES \$3.29

Selected varieties - 10 oz.

Miyoko's Creamery

CREAM CHEESE

\$4.99

Selected varieties - 8 oz.

Wiley's Finest FISH OIL

25% off

Selected varieties & sizes



Zevia

ZERO CALORIE SODA

\$3.99

Selected varieties - 6 count

Bulk ORGANIC WHOLE **RAW CASHEWS** \$12.99 lb.

Indian Life

NAAN

\$3.99

Selected varieties

500g

Now Foods **ESSENTIAL OILS** 25% off

Selected varieties - 1 oz.

Udi's

GLUTEN FREE BUNS

\$4.79

Hamburger or Hot Dog

Selected varieties & sizes

Bulk ORGANIC LONG GRAIN

BROWN RICE

\$2.29 lb.

New Frontiers Natural Beef

EXTRA LEAN GROUND BEEF

\$4.99 lb.

Hormone and antibiotic free **USDA** Choice grade



From our Coffee & Juice Bar

ICED TEA

50¢ off

Regular, Mango, or Green 16 fl. oz. size



Amy's

Selected varieties - 6.2-7.2 oz.





2 lbs. for \$3

New crop



STEELHEAD **SCOTTISH TROUT \$14.99** lb.

LOCH ETIVE STEELHEAD TROUT

Caught in the clean, pristine, fast-flowing currents of Loch Etive on the west coast of Scotland, this Steelhead species is unlike any other. They are responsibly and sustainably raised in a pristine environment that produces a healthy, delicious fish.

Loch Etive Steelhead have bright candy orange meat striped with clean white fat for an unmatched tasting experience.

With just the right amount of fats and oils to keep it moist on the grill or crispy-skinned with sweet buttery taste, Loch Etive is the highest sashimi grade Steelhead in the nation. This succulent fish can be enjoyed raw, grilled, roasted, pan seared, smoked or poached. It's not only delicious but versatile and easy to work with. A little butter, lemon and parsley is generally all that is needed to bring out the delicate flavors of this fish.

- No antibiotics
- No growth promoters
- No hormones
- No GMO ingredients in the feed

Gardein **MEAT-FREE ITEMS**

\$4.29

Selected varieties & sizes

Annie's Naturals DRESSING 2 for \$6

Selected varieties 8 fl. oz.



Lifeway **ORGANIC KEFIR** \$4.29 Selected varieties 32 fl. oz.



New Chapter VITAMINS

35% off

Selected varieties & sizes

Bulk **ORGANIC** YELLOW POPCORN \$1.59 lb.

Organic Valley **ORGANIC CHEESE** \$5.29

Selected varieties - 8 oz.

Stahlbush Island Farms FROZEN FRUIT \$4.49

Selected varieties 8-10 oz.

Boiron **ARNICARE** 25% off

Homeopathic care Selected varieties & sizes Bulk ORGANIC **RED FLAME RAISINS** \$3.59 lb.



May 2019

			15	16	17	18
19	20	21	22	23	24	25
26	27	28				



Tera's Whey WHEY PROTEIN 30% off

Selected varieties & sizes



Healthy Times

ORGANIC CEREAL OR COOKIES

\$4.39

Selected varieties - 5-6.5 oz.



From our Gourmet Bakery

LEMON BARS

50¢ off ea.

Zesty lemony filling over tender shortbread crust



Blue Moose of Boulder

Selected varieties - 8 oz.



Garden of Life PRODUCT LINE

35% off

All Garden of Life products 35% off!



Unisoy VEGAN JERKY

\$5.49

Selected varieties - 3.5 oz.



Sea's Gift **SFAWFFD SNACK** 69¢

MyChelle

FACIAL CARE

20% off

Selected varieties & sizes

Selected varieties - .17 oz.

Kettle PNTATN **CHIPS**

2 for \$5

Selected varieties - 4.2-5 oz.



Violife CHEESE \$4.69

100% vegan

Selected varieties & sizes



BREAD \$3.29



Selected varieties - 24 oz.