

Proud member of



# INDEPENDENT CHOICE

January 2021

"You are never too old to set another goal or to dream a new dream."  
- C.S. Lewis



**Primal Kitchen  
Organic Unsweetened  
Ketchup**

**\$3<sup>79</sup>**  
11.3 oz



**Beyond Meat  
Beyond Beef**

**\$6<sup>79</sup>**  
16 oz



**Alexia  
Potatoes  
(selected varieties)**

**2/\$6**  
15-16 oz



**Miyoko's  
Organic Fresh  
Vegan Mozzarella**

**\$5<sup>99</sup>**  
8 oz



**REBBL  
Organic Super  
Herb Elixir  
(selected varieties)**

**\$2<sup>79</sup>**  
12 oz



**Milkadamia  
Macadamia Milk**

**\$3<sup>79</sup>**  
32 oz



**Siete  
Grain Free Tortillas**

**\$5<sup>99</sup>**  
8 ct



**Simple Mills  
Almond Flour  
Crackers**

**\$3<sup>49</sup>**  
4.25 oz



**Essentia  
Alkaline Water**

**\$1<sup>79</sup>**  
1.5 liter



**Late July  
Organic Restaurant  
Style Tortilla Chips**

**2/\$6**  
11 oz



**Traditional Medicinals  
Organic Tea  
(selected varieties)**

**\$3<sup>79</sup>**  
16 ct



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of January.

**Muir Glen**  
Organic Tomatoes  
(selected varieties)

**5/\$5**

14.5 oz



**Westbrae**  
Organic Beans  
(selected varieties)

**\$1<sup>79</sup>**

15 oz



**Safe Catch**  
Elite Pure  
Wild Tuna

**\$2<sup>29</sup>**

5 oz



**Daiya**  
Deluxe Cheezy Mac

**\$3<sup>29</sup>**

10.6-10.9 oz



**Annie's**  
Mac & Cheese  
(selected varieties)

**5/\$5**

5.25-6 oz



**Wild Planet**  
Wild Sardines

**\$1<sup>79</sup>**

4.4 oz



**Ancient Harvest**  
Organic Gluten-Free Pasta



**\$2<sup>29</sup>**

8-9.6 oz

**Sky Valley**  
Sriracha Sauce

**\$4<sup>79</sup>**

18.5 oz



**Chosen Foods**  
Classic Avocado  
Oil Mayo

**\$5<sup>29</sup>**

12 oz



**The Ginger People**  
Organic Ginger Juice

**\$2<sup>99</sup>**

5 oz



**Annie's**  
Organic Dressing  
(selected varieties)

**2/\$6**

8 oz



**Napa Valley Naturals**  
Organic Extra Virgin  
Olive Oil

**\$8<sup>99</sup>**

25.4 oz



**Bragg**  
Organic Apple  
Cider Vinegar

**\$3<sup>99</sup>**

32 oz



**Spectrum**  
Organic Distilled  
White Vinegar

**\$4<sup>29</sup>**

32 oz



**Nutiva**  
Organic Coconut Manna

**\$6<sup>99</sup>**

15 oz



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4th & Heart  
Grass-Fed Ghee  
(selected varieties)

**\$8<sup>99</sup>**

9 oz



Organic Valley  
Organic Ghee

**\$12<sup>49</sup>**

13 oz



Justin's  
Almond Butter  
(selected varieties)

**\$8<sup>99</sup>**

16 oz



Big Tree Farms  
Organic  
Coconut Sugar

**\$2<sup>99</sup>**

1 lb



Coombs Family Farms  
Organic Grade A Dark  
Robust Maple Syrup

**\$8<sup>99</sup>**

12 oz



Navitas  
Organic Cacao Powder

**\$5<sup>79</sup>**

8 oz



Birch Benders  
Keto Pancake  
& Waffle Mix

**\$5<sup>29</sup>**

10 oz



CADIA  
Organic Lightly  
Salted Popcorn

**\$1<sup>49</sup>**

5 oz



Angie's  
BoomChickaPop  
Popcorn  
(selected varieties)

**\$2<sup>29</sup>**

4.4-7 oz



Kettle  
Potato Chips  
(selected varieties)

**2/\$4**

4.2-5 oz



Food Should Taste Good  
Tortilla Chips  
(selected varieties)

**2/\$4**

5.5 oz



The Real Coconut  
Organic Grain Free  
Tortilla Chips

**\$2<sup>79</sup>**

5.5 oz



Barnana  
Organic Plantain  
Chips

**2/\$6**

5 oz



Peeled Snacks  
Organic Baked  
Pea Crisps  
(selected varieties)

**2/\$4**

3.3 oz



From The Ground Up  
Cauliflower Crackers

**2/\$5**

4.0 oz



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Annie's  
Organic Fruit Snacks  
(selected varieties)

**2/\$4**  
4 oz



Santa Cruz Organic  
Organic Apple Sauce Cups

**\$3<sup>29</sup>**  
6-4 oz



Go Raw  
Organic Sprouted  
Sunflower Seeds

**\$7<sup>99</sup>**  
14 oz



Bob's Red Mill  
Old Country  
Style Muesli

**\$3<sup>29</sup>**  
18 oz



One Degree Organics  
Organic Sprouted Cereal  
(selected varieties)

**\$3<sup>79</sup>**  
8-12 oz



Cascadian Farm Organic  
Organic Cereal  
(selected varieties)

**2/\$5**  
8.6-14.6 oz



GoMacro  
Organic MacroBar

**2/\$4**  
2-2.4 oz



Larabar  
Fruit & Nut Bar  
(selected varieties)

**5/\$5**  
1.6-1.8 oz



Luna  
Bar  
(selected varieties)

**5/\$5**  
1.69 oz



MadeGood  
Organic Granola Bars  
(selected varieties)

**2/\$6**  
6 ct



R.W. Knudsen  
Organic Just Tart  
Cherry Juice

**\$5<sup>49</sup>**  
32 oz



Lakewood  
Organic Pure  
Pineapple

**\$4<sup>99</sup>**  
32 oz



Organic India  
Organic Tulsi Tea  
(selected varieties)

**\$3<sup>79</sup>**  
18 ct



Zevia  
Zero Calorie Soda

**\$3<sup>99</sup>**  
6 ct



Nixie  
Organic Sparkling Water

**\$3<sup>99</sup>**  
8 ct



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San Pellegrino  
Sparkling Natural  
Mineral Water



**2/\$3**

750 ml

Taste Nirvana  
Coconut Water  
(selected varieties)



**2/\$3**

9.5 oz

C2O  
Coconut Water



**2/\$3**

17.5 oz

Orgain  
Organic Vegan  
Nutritional Shake



**\$1.99**

11 oz

So Delicious  
Organic Coconutmilk  
(selected varieties)



**\$1.99**

32 oz

Almond Breeze  
Almondmilk  
(selected varieties)



**2/\$4**

32 oz

MALK  
Organic Cold-Pressed  
Plant-Based Milk



**\$4.79**

28 oz

Almond Breeze  
Almondmilk  
(selected varieties)



**\$3.49**

64 oz

Forager  
Organic Dairy-Free  
Cashewmilk Yogurt



**\$4.49**

24 oz



Califia Farms creates delicious plant-based nourishment that's better for your family and better for the planet.

We invite you to try our creamy Unsweetened Almondmilk, Oatmilk, and fan favorite Oat Barista Blend for all your coffee, baking, and smoothie needs.



Almondmilk  
(selected varieties)

**\$3.29**

48 oz



Oat Barista Blend

**\$2.99**

32 oz



Oatmilk

**\$3.29**

48 oz

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So Delicious  
Coconutmilk Yogurt  
Alternative

**\$4<sup>79</sup>**

24 oz



Bellwether Farms  
Sheep Milk Yogurt

**\$4<sup>49</sup>**

16 oz



Brown Cow  
Cream Top Whole Milk Yogurt

**5/\$5**

5.3 oz



Green Valley Creamery  
Organic Lactose-Free  
Sour Cream

**\$2<sup>99</sup>**

12 oz



Nancy's  
Organic Cottage  
Cheese

**\$4<sup>29</sup>**

16 oz



Organic Valley  
Organic Ricotta Cheese

**\$4<sup>99</sup>**

15 oz



Field Roast  
Chao Slices

**\$4<sup>29</sup>**

7 oz



Miso Master  
Organic Mellow  
White Miso

**\$4<sup>99</sup>**

8 oz



Hope  
Organic Hummus  
(selected varieties)

**\$2<sup>79</sup>**

8 oz



Bitchin'  
Sauce

**\$3<sup>99</sup>**

8 oz



KeVita  
Organic Sparkling  
Probiotic Drink

**2/\$5**

15.2 oz



Farmhouse Culture  
Organic Gut Shot

**\$3<sup>99</sup>**

16 oz



GoodBelly  
Organic  
Probiotic Drink  
(selected varieties)

**2/\$4**

32 oz



Vive Organic  
Organic Functional Shot  
(selected varieties)

**2/\$5**

2 oz



GT's  
Organic Synergy  
Kombucha  
(selected varieties)

**\$2<sup>79</sup>**

16 oz



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**Perfect Bar  
Protein Bar  
(selected varieties)**

**2/\$4**

2.2-2.5 oz



**Tofurky  
Plant-Based Original Sausage**

**\$3<sup>49</sup>**

14 oz



**Hilary's  
Organic Veggie Burgers**

**\$2<sup>79</sup>**

6.4 oz



**Gardein  
Meatless Meat  
(selected varieties)**

**\$3<sup>29</sup>**

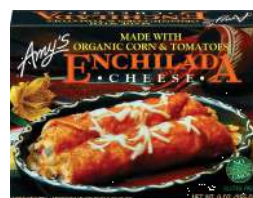
8.8-14.1 oz



**Amy's  
Enchiladas  
(selected varieties)**

**\$3<sup>99</sup>**

9-10 oz



**Food For Life  
Organic Ezekiel 4:9® Bread  
(selected varieties)**

**\$3<sup>49</sup>**

24 oz



**Cascadian Farm Organic  
Organic Potatoes**

**2/\$5**

12-16 oz



**Grain Trust  
Frozen Grains**

**\$3<sup>29</sup>**

20-30 oz



**Canyon Bakehouse  
Gluten-Free Bread**

**\$4<sup>29</sup>**

18 oz



**Sambazon  
Organic Superfruit Packs**

**\$4<sup>49</sup>**

4/100 g



**Van's  
Waffles  
(selected varieties)**

**2/\$5**

8-9 oz



**Coconut Bliss  
Organic Dairy-Free  
Frozen Dessert  
(selected varieties)**

**\$4<sup>99</sup>**

1 pt



**Manitoba Harvest  
Organic Hemp Hearts**

**\$8<sup>99</sup>**

12 oz



**Spectrum Essentials  
Organic Ground  
Flaxseed**

**\$4<sup>99</sup>**

14 oz



**Vital Proteins  
Collagen Peptides**

**\$17<sup>49</sup>**

10 oz



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**Amazing Grass  
Green Superfood**  
(selected varieties)

**\$22<sup>99</sup>**

7.4-8.5 oz



**Ancient Nutrition  
Multi Collagen Protein**  
(selected varieties)

**\$39<sup>99</sup>**

459-535 g



**Garden of Life  
Raw Organic Fit  
Protein Powder**

**\$42<sup>99</sup>**

854-922 g



**Natural Vitality  
Natural Calm**  
(selected varieties)

**\$25<sup>99</sup>**

16 oz



**Charlotte's Web  
Hemp Extract-Infused  
Gummies**

**\$35<sup>99</sup>**

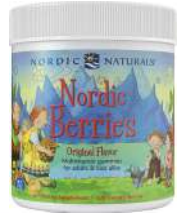
60 ct



**Nordic Naturals  
Nordic Berries**

**\$18<sup>99</sup>**

120 ct



**Wedderspoon  
Organic Manuka  
Honey Drops**  
(selected varieties)

**\$7<sup>49</sup>**

4 oz



**Bach  
Rescue Pastilles**

**\$6<sup>49</sup>**

50 g



**SmartyPants  
Organic Men's or Women's  
Multivitamin Gummies**

**\$21<sup>99</sup>**

120 ct



**Good Day Chocolate  
Chocolate Supplement**

**2/\$4**

8 ct



**WishGarden Herbs  
Kick-Ass Immune**

**\$15<sup>99</sup>**

2 oz



**Gaia Herbs  
Organic Black  
Elderberry Syrup**

**\$18<sup>99</sup>**

5.4 oz



**Natural Factors  
Organic Oil of Oregano**

**\$12<sup>99</sup>**

1 oz



**Bluebonnet Nutrition  
Blueberry Liquid Calcium  
Magnesium Citrate**

**\$12<sup>19</sup>**

16 oz



**Natural Factors  
Wild Alaskan Salmon  
Oil 1000 mg**

**\$9<sup>99</sup>**

90 sgel



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**ChildLife Essentials  
Liquid Vitamin C**

**\$4<sup>99</sup>**

4 oz



**American Health  
Ester-C® 1000 mg with  
Citrus Bioflavonoids  
Capsules**

**\$18<sup>49</sup>**

90 cap



**MegaFood  
Zinc**

**\$15<sup>49</sup>**

60 tab



**Rainbow Light  
Vibrance Men's One**

**\$15<sup>39</sup>**

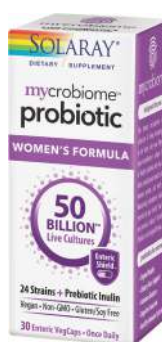
60 tab



**Solaray  
Mycrobiome Probiotic  
Women's Formula**

**\$26<sup>99</sup>**

30 cap



**Boiron  
Oscilloccinum**

**\$10<sup>99</sup>**

6 ct



**Jarrow Formulas  
Saccharomyces  
Boulardii + MOS**

**\$19<sup>99</sup>**

90 vcap



**Dr. Bronner's  
All-One Toothpaste**

**\$4<sup>29</sup>**

5 oz



**Dr. Tung's  
Smart Floss**

**\$3<sup>79</sup>**

30 yds



**MyChelle Dermaceuticals  
Fruit Enzyme Cleanser**

**\$11<sup>99</sup>**

4.2 oz



**Andalou Naturals  
1000 Roses  
Beautiful  
Day Cream**

**\$16<sup>49</sup>**

1.7 oz



**Essential Oxygen  
Organic Mouthwash  
(selected varieties)**

**\$7<sup>99</sup>**

16 oz



**Desert Essence  
100% Australian  
Tea Tree Oil**

**\$7<sup>99</sup>**

1 oz



**Seventh Generation  
Dish Liquid  
(selected varieties)**

**\$2<sup>99</sup>**

22-25 oz



**Castor & Pollux  
ORGANIX Organic Butcher &  
Bushel Dog Food**

**\$2<sup>29</sup>**

12.7 oz



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We are part of Independent Natural Food Retailers Association (INFRA), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

**Independent Choice** specials are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit [www.naturalfoodretailers.net](http://www.naturalfoodretailers.net).

### CALIFORNIA

Alameda Natural Grocery  
Berryvale Grocery  
Bi-Rite Market  
Canyon Market  
Castro Valley Natural Grocery  
Chautauqua Natural Foods  
Community Market  
Dahlia & Sage  
Community Market  
Frazier Farms Market  
Gather Natural Market  
Good Earth  
Organic & Natural Foods  
Jimbo's...Naturally!  
Mission Square Market  
The Market

Mother Truckers  
& Natural Selection

The Natural Grocery Company

New Earth Market

New Frontiers  
Natural Marketplace

New Moon Natural Foods

Rainbow Acres Natural Food

Ramona Family  
Naturals Market

Sheri's Sonshine  
Nutrition Center

Staff of Life

Stehly Farms Market

Wild Roots Market

Wildberries Marketplace

The Whole Wheatery

### COLORADO

Alfalfa's Market

Zuma Natural Foods

### HAWAII

Down To Earth  
Organic & Natural

HealthGo Market

Healthy Hut Market & Cafe

Hoku Foods Natural Market

Papaya's Natural Foods & Cafe

### NEVADA

Dixie Nutrition

### UTAH

Dixie Nutrition

