

Proud member of



INDEPENDENT CHOICE

February 2021

“The people who give you their food give you their heart.”
- Cesar Chavez



ACURE
Brightening Facial Scrub

\$6⁷⁹

4 oz



Hu
Chocolate Bar

\$3²⁹

2.1 oz



So Delicious
Organic Coconutmilk

\$3⁹⁹

64 oz



Immaculate Baking
Organic Cinnamon Rolls

\$3⁷⁹

17.5 oz



Justin's
Organic Mini
Peanut Butter Cups

\$3⁹⁹

4.7 oz



Mary's Gone Crackers
Organic Original
Crackers

\$3⁴⁹

5.5-6.5 oz



Organic Valley
Organic Raw Sharp
Cheddar Cheese

\$4⁷⁹

8 oz



Muir Glen
Organic Pasta Sauce

2/\$5

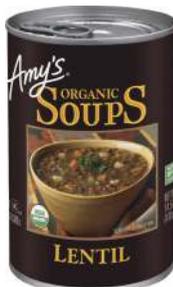
25.5 oz



Amy's
Organic Soup
(selected varieties)

2/\$5

14.1-14.5 oz



Beyond Meat
Beyond Sausage
(selected varieties)

\$6⁷⁹

14 oz



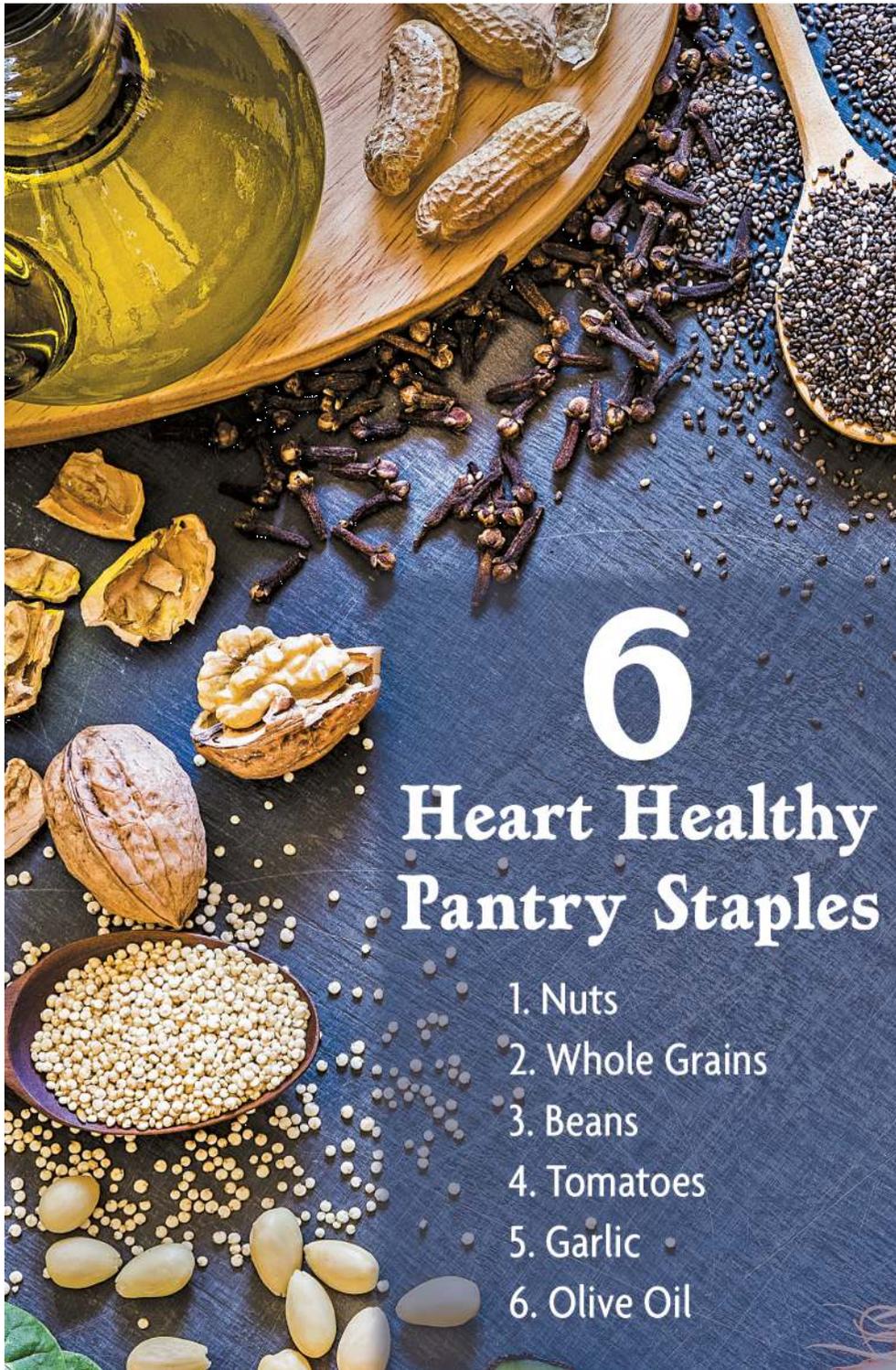
Lightlife
Organic Tempeh

\$2²⁹

8 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of February.



6 Heart Healthy Pantry Staples

1. Nuts
2. Whole Grains
3. Beans
4. Tomatoes
5. Garlic
6. Olive Oil

Tasty Bite
Indian Entrée
(selected varieties)

2/\$5

10 oz



Maya Kaimal
Organic Everyday Dal

\$3²⁹

10 oz



Mike's Mighty Good
Craft Ramen
(selected varieties)

\$1⁴⁹

1.6-2.4 oz



Annie's
Organic Mac & Cheese
(selected varieties)

2/\$4

6 oz



Lotus Foods
Organic Pad Thai
Rice Noodles
(selected varieties)

\$2⁹⁹

8 oz



Muir Glen
Organic Tomatoes
(selected varieties)

2/\$4

28 oz



Rao's
Pasta Sauce
(selected varieties)

\$5²⁹

24 oz



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Lucini Italia
Organic Sauce

\$6²⁹

25.5 oz



Pacific Foods
Organic Soup
(selected varieties)

\$2⁹⁹

32 oz



Kettle & Fire
Bone Broth

\$4⁷⁹

16.9 oz



CADIA
Organic Balsamic
Vinegar of Modena

\$3⁷⁹

500 ml



Mediterranean Organic
Organic Wild Capers
Non-Pareil

\$1⁹⁹

3.5 oz



Crofter's Organic
Organic Premium Spread
(selected varieties)

\$3⁷⁹

16.5 oz



Dr. Bronner's
Organic Regenerative
Coconut Oil

\$7⁴⁹

14 oz



Spectrum
Organic Canola Oil

\$6⁴⁹

32 oz



Garden of Eatin'
Taco Shells

\$2⁷⁹

5.5 oz



Garden of Eatin'
Tortilla Chips
(selected varieties)

\$1⁹⁹

8.1 oz

Our deliciously, crispy corn tortilla chips and unforgettable flavor comes from our high-quality ingredients and organic corn sourced from our long-term, dedicated farming partners. When snack time turns into dinner time, reach for Garden of Eatin' Taco Shells – made with the same hearty, organic ingredients that go into our snacks.

KIND
Nut Bar
(selected varieties)



2/\$3

1.4 oz

EPIC
Meat Bar
(selected varieties)



\$1⁵⁹

1.3-1.5 oz

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Beanitos
Bean Chips
 (selected varieties)

\$2⁷⁹

5 oz



Flackers
Organic Flax Seed Crackers
 (selected varieties)

\$4²⁹

5 oz



Late July
Organic Crackers
 (selected varieties)

2/\$5

6 oz



Quinn Snacks
Peanut Butter Filled
Pretzel Nuggets

\$3²⁹

6.5-7 oz



Happy Baby
Organic Superfood Puffs

\$2⁷⁹

2.1 oz



Barbara's
Cereal
 (selected varieties)

2/\$7

8-15 oz



Panda
Licorice
 (selected varieties)

\$2⁷⁹

7 oz



Cocomels
Organic Chocolate Covered
Coconut Milk Caramels
 (selected varieties)

\$1¹⁹

1 oz



Endangered Species
Chocolate Bar

2/\$5

3 oz



Chocolove
Chocolate Bar
 (selected varieties)

2/\$4

3.1-3.2 oz



Alter Eco
Organic Chocolate Bar

2/\$5

2.65-2.82 oz



Lily's Sweets
Chocolate Bar
 (selected varieties)

2/\$6

2.8-3 oz



TAZO
Organic Chai Tea

\$3⁷⁹

20 ct



Choice Organics
Organic Tea

2/\$7

16 ct



Numi
Organic Tea
 (selected varieties)

\$4⁷⁹

18 ct



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Steaz
Organic Iced Green Tea
(selected varieties)



4/\$5

16 oz

R.W. Knudsen
Organic Tomato Juice



\$2⁷⁹

32 oz

C2O
Coconut Water



\$2⁹⁹

33.8 oz

Essentia
Alkaline Water



\$1⁵⁹

1 liter

Eternal
Naturally Alkaline
Spring Water



\$1⁷⁹

1.5 lt

DREAM
Rice Dream
(selected varieties)



\$2⁴⁹

32 oz

CADIA
Organic Almondmilk



\$1⁹⁹

32 oz

Oatly
Oatmilk



\$3⁷⁹

64 oz

Silk
Organic Soymilk
(selected varieties)



\$3⁷⁹

64 oz

Ripple Foods
Plant-Based Milk



\$3⁷⁹

48 oz

So Delicious
Organic Coconutmilk Creamer
(selected varieties)



\$2²⁹

16 oz

Califia Farms
Better Half Creamer



\$2⁷⁹

16.9 oz

Kite Hill
Cream Cheese Alternative
(selected varieties)



\$5²⁹

8 oz

Nancy's
Organic Probiotic Cream Cheese



\$2⁴⁹

8 oz

Good Culture
Organic Cottage Cheese
(selected varieties)



\$3⁷⁹

16 oz

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So Delicious
Coconutmilk Yogurt Alternative
(selected varieties)



2/\$3

5.3 oz

Daiya
Dairy-Free Cheese Style Shreds
(selected varieties)



\$3²⁹

7.1-8 oz

Organic Valley
Organic Shredded Cheese
(selected varieties)



\$3⁷⁹

6 oz

Vital Farms
Pasture-Raised Butter



\$2⁷⁹

8 oz

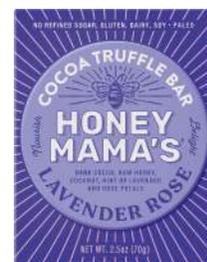
Melt
Organic Butter Made from Plants



\$2⁷⁹

13 oz

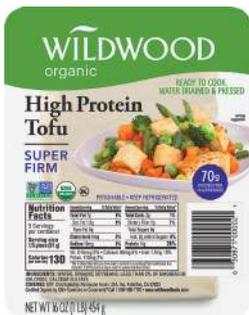
Honey Mama's
Cocoa Truffle Bar



\$3²⁹

2.5 oz

Wildwood
Organic High Protein Tofu



\$2²⁹

16 oz

Koia
Plant-Based Protein Shake
(selected varieties)



\$2⁷⁹

12 oz

Health-Ade
Organic Kombucha
(selected varieties)



2/\$5

16 oz

Sunshine Plant-Based Foods
Organic Garden Herb
Plant Burgers



\$3⁹⁹

8 oz

Sovereign Silver
Bio-Active Silver
Hydrosol Dropper



\$19¹⁹

4 oz



Natural Factors
Stress-Relax® Tranquil
Sleep Chewable

\$22⁹⁹

60 tab



Natural Factors
Stress-Relax® Pharma
GABA 100mg Chewable

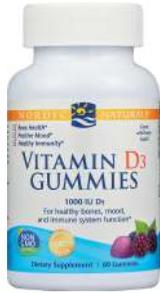
\$22⁹⁹

60 tab

As a family owned company, Natural Factors puts people, planet, and quality first and recognizes the importance of shopping local. By shopping at a locally owned business, you support your community and strengthen your local economy. Keep the love where you live.

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**Nordic Naturals
Vitamin D3 Gummies**
(selected varieties)



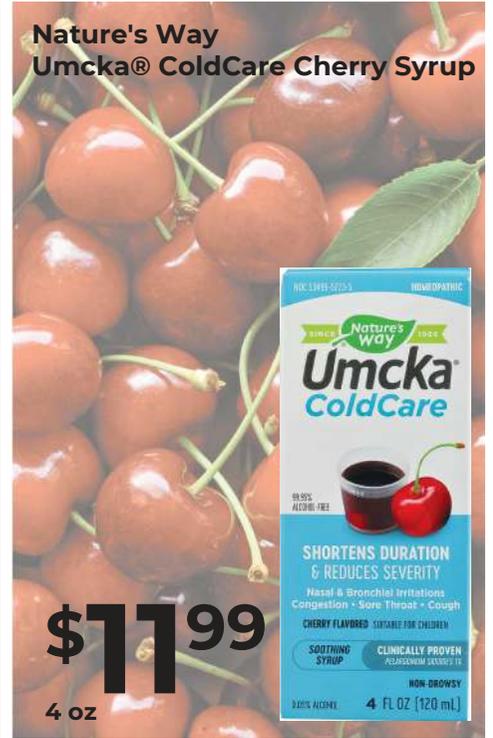
\$9⁹⁹
60 ct

**Boiron
ColdCalm**



\$9⁴⁹
60 tab

**Nature's Way
Umcka® ColdCare Cherry Syrup**



\$11⁹⁹
4 oz

**Garden of Life
Primal Defense®
ULTRA Probiotic
Formula**



\$40⁹⁹
90 ct

**MegaFood
Turmeric Strength
for Whole Body**



\$20⁹⁹
60 tab

**Oregon's Wild Harvest
Organic Astragalus**



\$10⁹⁹
90 ct

**JASON
Powersmile Whitening
Powerful Peppermint
Toothpaste**



\$3²⁹
6 oz

**Dr. Bronner's
Organic Lip Balm**



2/\$5
0.15 oz

ECOS

Our plant-powered products are non-toxic and safer for you, your home and our planet, because we believe clean shouldn't mean spreading toxins all over your home. It's been our ECOS® promise for over 50 years.



**ECOS
Laundry Detergent**
(selected varieties)

\$9⁷⁹
100 oz



**ECOS
Dishmate Dish Soap**

\$2⁷⁹
25 oz

**ShiKai
CBD Cream
with Menthol**



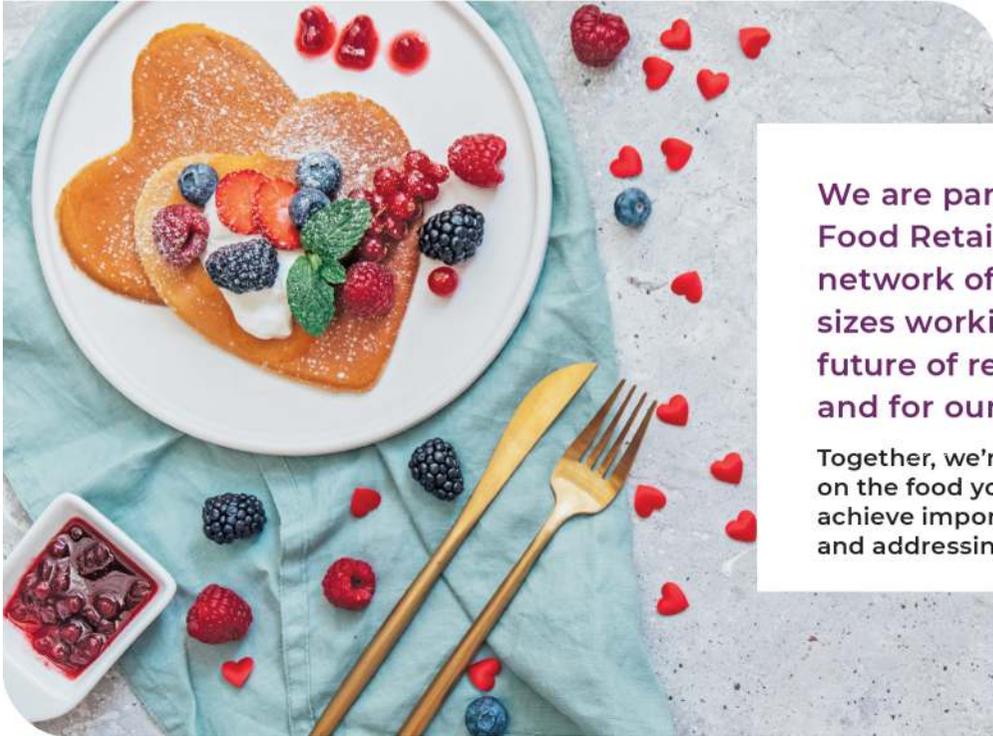
\$15⁴⁹
3 oz

**Aura Cacia
Lavender Essential Oil**



\$8²⁹
.5 oz

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We are part of Independent Natural Food Retailers Association (INFRA), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

Independent Choice specials are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.net.

CALIFORNIA

- Alameda Natural Grocery
- Berryvale Grocery
- Bi-Rite Market
- Canyon Market
- Castro Valley Natural Grocery
- Chautauqua Natural Foods
- Community Market
- Dahlia & Sage Community Market
- Frazier Farms Market
- Gather Natural Market
- Good Earth Organic & Natural Foods
- Jimbo's...Naturally!
- Mission Square Market
- The Market

Mother Truckers & Natural Selection

- The Natural Grocery Company
- New Earth Market
- New Frontiers Natural Marketplace
- New Moon Natural Foods
- Rainbow Acres Natural Food
- Ramona Family Naturals Market
- Sheri's Sonshine Nutrition Center
- Staff of Life
- Stehly Farms Market
- Wild Roots Market
- Wildberries Marketplace
- The Whole Wheatery

COLORADO

- Alfalfa's Market
- Zuma Natural Foods

HAWAII

- Down To Earth Organic & Natural
- HealthGo Market
- Healthy Hut Market & Cafe
- Hoku Foods Natural Market
- Papaya's Natural Foods & Cafe

NEVADA

- Dixie Nutrition

UTAH

- Dixie Nutrition

