

Proud member of



INDEPENDENT CHOICE

February 2021

"The people who give
you their food give
you their heart."
- Cesar Chavez



ACURE
Brightening Facial Scrub

\$6⁷⁹

4 oz



Hu
Chocolate Bar

\$3²⁹

2.1 oz



So Delicious
Organic Coconutmilk

\$3⁹⁹

64 oz



Immaculate Baking
Organic Cinnamon Rolls

\$3⁷⁹

17.5 oz



Justin's
Organic Mini
Peanut Butter Cups

\$3⁹⁹

4.7 oz



Mary's Gone Crackers
Organic Original
Crackers

\$3⁴⁹

5.5-6.5 oz



Organic Valley
Organic Raw Sharp
Cheddar Cheese

\$4⁷⁹

8 oz



Muir Glen
Organic Pasta Sauce

2/\$5

25.5 oz



Amy's
Organic Soup
(selected varieties)

2/\$5

14.1-14.5 oz



Beyond Meat
Beyond Sausage
(selected varieties)

\$6⁷⁹

14 oz



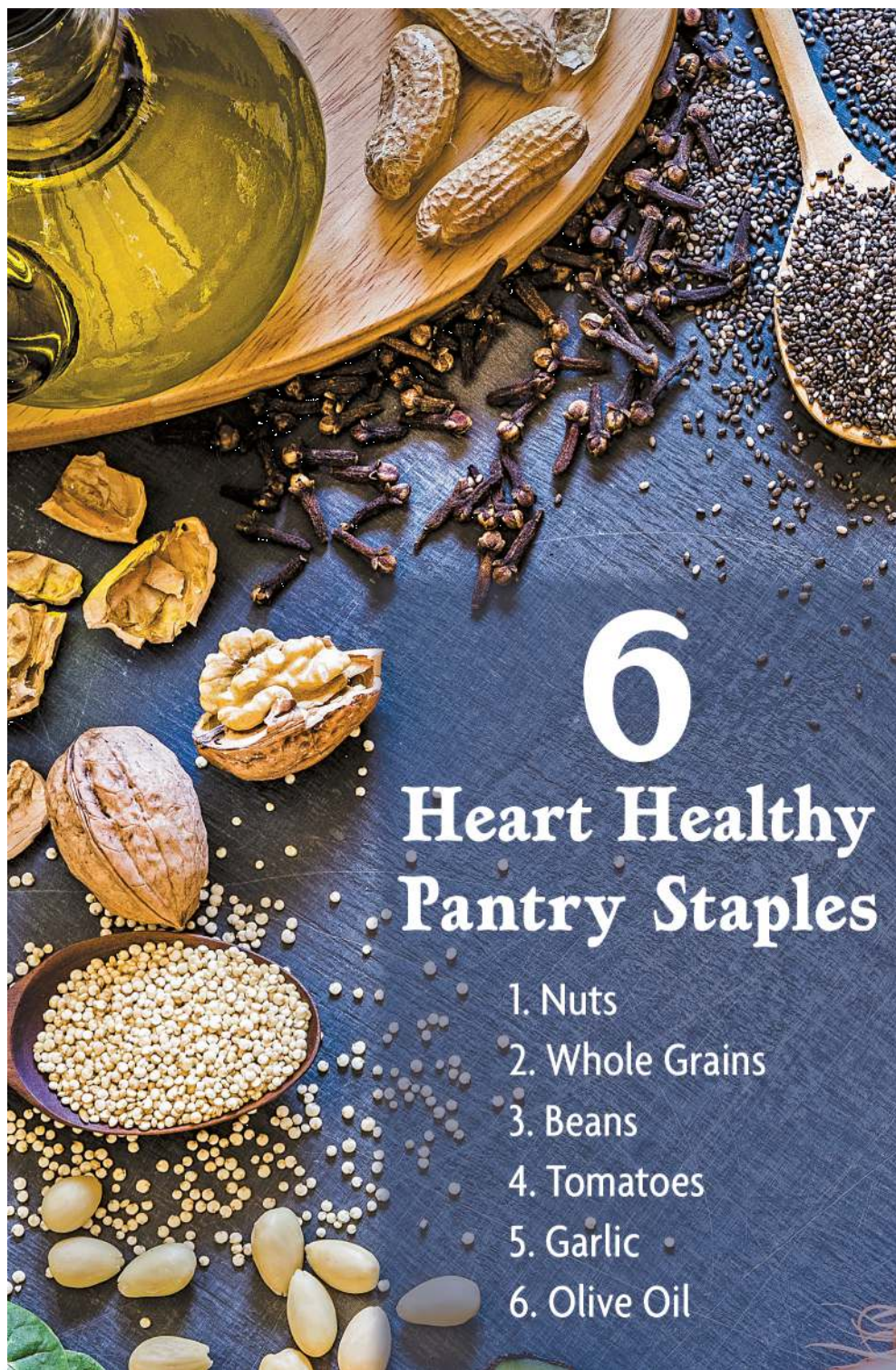
Lightlife
Organic Tempeh

\$2²⁹

8 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of February.



6 Heart Healthy Pantry Staples

1. Nuts
2. Whole Grains
3. Beans
4. Tomatoes
5. Garlic
6. Olive Oil

**Lotus Foods
Organic Pad Thai
Rice Noodles**
(selected varieties)

\$2⁹⁹
8 oz



**Muir Glen
Organic Tomatoes**
(selected varieties)

2/\$4
28 oz



**Tasty Bite
Indian Entrée**
(selected varieties)

2/\$5
10 oz



**Maya Kaimal
Organic Everyday Dal**

\$3²⁹
10 oz



**Mike's Mighty Good
Craft Ramen**
(selected varieties)

\$1⁴⁹
1.6-2.4 oz



**Annie's
Organic Mac & Cheese**
(selected varieties)

2/\$4
6 oz



**Rao's
Pasta Sauce**
(selected varieties)

\$5²⁹
24 oz



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**Lucini Italia
Organic Sauce**

\$6²⁹
25.5 oz



**Pacific Foods
Organic Soup
(selected varieties)**

\$2⁹⁹
32 oz



**CADIA
Organic Balsamic
Vinegar of Modena**

\$3⁷⁹
500 ml



**Mediterranean Organic
Organic Wild Capers
Non-Pareil**

\$1⁹⁹
3.5 oz



**Kettle & Fire
Bone Broth**

\$4⁷⁹
16.9 oz



**Crofter's Organic
Organic Premium Spread
(selected varieties)**

\$3⁷⁹
16.5 oz



**Dr. Bronner's
Organic Regenerative
Coconut Oil**

\$7⁴⁹
14 oz



**Spectrum
Organic Canola Oil**

\$6⁴⁹
32 oz



**Garden of Eatin'
Taco Shells**

\$2⁷⁹
5.5 oz



**Garden of Eatin'
Tortilla Chips
(selected varieties)**

\$1⁹⁹
8.1 oz

Our deliciously, crispy corn tortilla chips and unforgettable flavor comes from our high-quality ingredients and organic corn sourced from our long-term, dedicated farming partners. When snack time turns into dinner time, reach for Garden of Eatin' Taco Shells – made with the same hearty, organic ingredients that go into our snacks.

**KIND
Nut Bar
(selected varieties)**

2/\$3
1.4 oz



**EPIC
Meat Bar
(selected varieties)**

\$1⁵⁹
1.3-1.5 oz



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Beanitos
Bean Chips
(selected varieties)

\$2⁷⁹
5 oz



Flackers
Organic Flax Seed Crackers
(selected varieties)

\$4²⁹
5 oz



Late July
Organic Crackers
(selected varieties)

2/\$5
6 oz



Quinn Snacks
Peanut Butter Filled
Pretzel Nuggets

\$3²⁹
6.5-7 oz



Happy Baby
Organic Superfood Puffs

\$2⁷⁹
2.1 oz



Barbara's
Cereal
(selected varieties)

2/\$7
8-15 oz



Panda
Licorice
(selected varieties)

\$2⁷⁹
7 oz



Cocomels
Organic Chocolate Covered
Coconut Milk Caramels
(selected varieties)

\$1¹⁹
1 oz



Endangered Species
Chocolate Bar

2/\$5
3 oz



Chocolove
Chocolate Bar
(selected varieties)

2/\$4
3.1-3.2 oz



Alter Eco
Organic Chocolate Bar

2/\$5
2.65-2.82 oz



Lily's Sweets
Chocolate Bar
(selected varieties)

2/\$6
2.8-3 oz



TAZO
Organic Chai Tea

\$3⁷⁹
20 ct



Choice Organics
Organic Tea

2/\$7
16 ct



Numi
Organic Tea
(selected varieties)

\$4⁷⁹
18 ct



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Steaz
Organic Iced Green Tea
(selected varieties)

4/\$5

16 oz



R.W. Knudsen
Organic Tomato Juice

\$2⁷⁹

32 oz



C2O
Coconut Water

\$2⁹⁹

33.8 oz



Essentia
Alkaline Water

\$1⁵⁹

1 liter



Eternal
Naturally Alkaline
Spring Water

\$1⁷⁹

1.5 lt



DREAM
Rice Dream
(selected varieties)

\$2⁴⁹

32 oz



CADIA
Organic Almondmilk

\$1⁹⁹

32 oz



Oatly
Oatmilk

\$3⁷⁹

64 oz



Silk
Organic Soymilk
(selected varieties)

\$3⁷⁹

64 oz



Ripple Foods
Plant-Based Milk

\$3⁷⁹

48 oz



So Delicious
Organic Coconutmilk Creamer
(selected varieties)

\$2²⁹

16 oz



Califia Farms
Better Half Creamer

\$2⁷⁹

16.9 oz



Kite Hill
Cream Cheese Alternative
(selected varieties)

\$5²⁹

8 oz



Nancy's
Organic Probiotic Cream Cheese

\$2⁴⁹

8 oz



Good Culture
Organic Cottage Cheese
(selected varieties)

\$3⁷⁹

16 oz



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**So Delicious
Coconutmilk Yogurt Alternative**
(selected varieties)



2/\$3

5.3 oz

**Daiya
Dairy-Free Cheese Style Shreds**
(selected varieties)



\$3²⁹

7.1-8 oz

**Organic Valley
Organic Shredded Cheese**
(selected varieties)



\$3⁷⁹

6 oz

**Vital Farms
Pasture-Raised Butter**



\$2⁷⁹

8 oz

**Melt
Organic Butter Made from Plants**



\$2⁷⁹

13 oz

**Honey Mama's
Cocoa Truffle Bar**



\$3²⁹

2.5 oz

**Wildwood
Organic High
Protein Tofu**



\$2²⁹

16 oz

**Koia
Plant-Based
Protein Shake**
(selected varieties)



\$2⁷⁹

12 oz

**Health-Ade
Organic Kombucha**
(selected varieties)



2/\$5

16 oz

**Sunshine Plant-Based Foods
Organic Garden Herb
Plant Burgers**



\$3⁹⁹

8 oz

**Sovereign Silver
Bio-Active Silver
Hydrosol Dropper**



\$19¹⁹

4 oz



**Natural Factors
Stress-Relax® Tranquil
Sleep Chewable**

\$22⁹⁹

60 tab



**Natural Factors
Stress-Relax® Pharma
GABA 100mg Chewable**

\$22⁹⁹

60 tab

As a family owned company, Natural Factors puts people, planet, and quality first and recognizes the importance of shopping local. By shopping at a locally owned business, you support your community and strengthen your local economy. Keep the love where you live.

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**Nordic Naturals
Vitamin D3 Gummies**
(selected varieties)



\$9⁹⁹
60 ct

**Boiron
ColdCalm**



\$9⁴⁹
60 tab

**Nature's Way
Umcka® ColdCare Cherry Syrup**



\$11⁹⁹
4 oz

**Garden of Life
Primal Defense®
ULTRA Probiotic
Formula**



\$40⁹⁹
90 ct

**MegaFood
Turmeric Strength
for Whole Body**



\$20⁹⁹
60 tab

**Oregon's Wild Harvest
Organic Astragalus**



\$10⁹⁹
90 ct

**JASON
Powersmile Whitening
Powerful Peppermint
Toothpaste**



\$3²⁹
6 oz

**Dr. Bronner's
Organic Lip Balm**



2/\$5
0.15 oz

ECOS

Our plant-powered products are non-toxic and safer for you, your home and our planet, because we believe clean shouldn't mean spreading toxins all over your home. It's been our ECOS® promise for over 50 years.



**ECOS
Laundry Detergent**
(selected varieties)

\$9⁷⁹
100 oz



**ECOS
Dishmate Dish Soap**

\$2⁷⁹
25 oz

**ShiKai
CBD Cream
with Menthol**



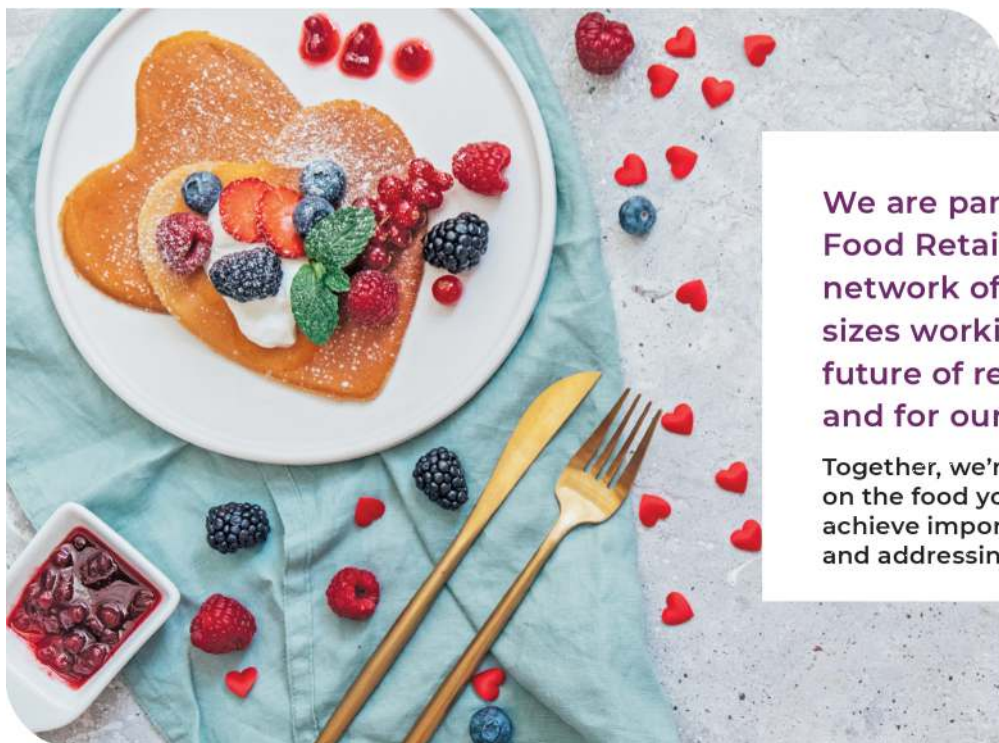
\$15⁴⁹
3 oz

**Aura Cacia
Lavender Essential Oil**



\$8²⁹
.5 oz

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We are part of Independent Natural Food Retailers Association (INFRA), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

Independent Choice specials are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.net.

CALIFORNIA

Alameda Natural Grocery
Berryvale Grocery
Bi-Rite Market
Canyon Market
Castro Valley Natural Grocery
Chautauqua Natural Foods
Community Market
Dahlia & Sage
Community Market
Frazier Farms Market
Gather Natural Market
Good Earth
Organic & Natural Foods
Jimbo's...Naturally!
Mission Square Market
The Market

Mother Truckers
& Natural Selection

The Natural Grocery Company
New Earth Market
New Frontiers
Natural Marketplace
New Moon Natural Foods
Rainbow Acres Natural Food
Ramona Family
Naturals Market
Sheri's Sonshine
Nutrition Center
Staff of Life
Stehly Farms Market
Wild Roots Market
Wildberries Marketplace
The Whole Wheatery

COLORADO

Alfalfa's Market
Zuma Natural Foods

HAWAII

Down To Earth
Organic & Natural
HealthGo Market
Healthy Hut Market & Cafe
Hoku Foods Natural Market
Papaya's Natural Foods & Cafe

NEVADA

Dixie Nutrition

UTAH

Dixie Nutrition

