

NEW FRONTIERS NATURAL MARKET
PROUDLY BREWING JOEBELLA
ORGANIC COFFEE - ATASCADERO, CA

ORGANIC ESPRESSO

ESPRESSO regular or decaf - 2 oz. double shot	\$2.95	
	12 OZ.	16 OZ.
AMERICANO espresso & hot water	\$2.95	\$3.65
CAPPUCCINO	\$3.75	\$4.55
CAFE LATTE	\$3.75	\$4.55
CAFE MOCHA	\$4.45	\$5.45
BLENDED MOCHA	\$4.45	\$5.45
SHAKERATO espresso, brown sugar, oat milk, shaken		\$5.25
EXTRA SHOT		\$.75
FLAVORED SYRUP		\$.75
MILK OPTIONS Whole, 2%, Nonfat, Soy, Oat, Coconut, Almond		

BREWED ORGANIC COFFEE

	12 OZ.	16 OZ.
BREWED ORGANIC COFFEE	\$2.45	\$2.95
COLD BREW COFFEE	\$3.45	\$3.95
RED EYE brewed coffee with espresso shot	\$3.45	\$3.95
HOT CHOCOLATE	\$2.75	\$3.25

TEA & LEMONADE

	12 OZ.	16 OZ.
HOT TEA black, green or herbal	\$2.55	\$2.95
ICED TEA black, green, or mango	\$2.55	\$2.95
LEMONADE homestyle or lavender	\$2.65	\$3.25
ARNOLD PALMER iced tea & lemonade	\$2.45	\$2.95
MATCHA LATTE	\$3.95	\$4.75
CHAI LATTE	\$3.95	\$4.45
DIRTY CHAI	\$4.95	\$5.45
HOT TODDY	\$4.95	\$5.45
fresh apple, lemon, ginger, honey, garlic, with hot water		



805.693.1746
 New Frontiers Natural Marketplace
 1984 Old Mission Dr, Solvang, CA
 NewFrontiersMarket.com - order online!

NEW FRONTIERS MARKET
TAKE OUT MENU

We also offer a hot bar, a salad bar, a sushi bar, soups, stir fry bowls, fresh pizza, baked goods, and salads & sandwiches in our grab-n-go case.

FRESH JUICE 12 OZ. **\$6.75** 16 OZ. **\$8.00**

ALL JUICES ARE CERTIFIED ORGANIC

CARROT JUICE

CARROT + THREE Choose three: apple, beet, celery, cucumber, garlic, ginger, lemon, parsley, spinach, kale

JAKE'S KNOCKOUT PUNCH Carrot, celery, beet, ginger, garlic, lemon

NATURAL FRONTIER Carrot, celery, beet, cucumber, garlic, parsley

PERFECT BLEND Carrot, celery, apple, beet, lemon, ginger

RED BLAST Beet, apple, carrot, orange, kale, ginger

GREEN DRINK Spinach, cucumber, celery and parsley

CELERY JUICE

CELERY + 3 Choose three: apple, beet, carrot, cucumber, garlic, ginger, lemon, parsley, spinach, kale

GINGER SQUEEZE Apple juice with fresh lemon and ginger

WELLNESS SHOT - \$4.95 2 oz.

Apple, lemon, ginger, tumeric, garlic, oregano oil, cayenne

ADD ITEM - \$.75

SMOOTHIES 16 OZ. **\$5.55** 20 OZ. **\$6.95**

STRAWBERRY PATCH strawberries, banana, apple juice.

TROPICAL SUNRISE Mango, banana, pineapple, pineapple-coconut juice, orange juice.

RED DRAGON strawberries, lime juice, pineapple juice.

BLUEBERRY BLAST blueberries, banana, apple juice.

MIX & MATCH FRUIT PATCH Choose from blueberry, raspberry, peach, banana, strawberry and mango (some fruits seasonal).

MONSOON FREEZE protein rich shake with banana, strawberries, apple juice, papaya juice, dates, oat bran, wheat germ, vitamin C, protein powder.

GREEN SMOOTHIE organic kale, banana, mango, coconut milk.

CHOCOLATE PEANUT BUTTER CUP Peanut butter, banana, chocolate, milk.

ADD (EACH) protein powder, New Frontiers Greens Superfood, **\$1.25**
 bee pollen, nutritional yeast, ground flax seed, chia.

SMOOTHIE BOWL **\$8.99**

Any smoothie topped with house made granola, banana, blueberries, ground flax seeds.

REAL. GOOD. FOOD.

ALL SANDWICHES:

HALF \$7.49 WHOLE \$10.99 HALF AND CUP OF SOUP \$10.99

Served with tortilla chips and salsa, or carrot and celery sticks.

BUILD YOUR OWN

Bread

Sourdough	Hoagie Roll
Whole Wheat	Gluten Free
Focaccia	

Spreads

Mayonnaise	Cilantro Mayo (vegan)
Yellow Mustard	Honey Mustard
Dijon Mustard	Chipotle mayo
Vegenaise®	

Choose Your Base (CHOOSE 1)

Roast Beef	Tuna Salad
Roast Turkey	Avocado
Ham	Extra Meat (+ \$2.50)
Tri Tip	Add Bacon (+ \$2.50)

Cheese (CHOOSE 1)

Cheddar	Pepper Jack
Provolone	Daiya vegan cheddar
Swiss	Extra Cheese (+ \$1.50)

Veggies

Lettuce	Red Onion
Tomatoes	Roasted Red Peppers
Cucumbers	Avocado (+ \$2.50)
Carrots	Pepperoncini (+.75)

FOR Kids OF ALL AGES

PB&J \$4.99

Grilled Cheese \$5.99

BURGERS BEEF OR VEGAN

Lettuce, tomato, pickles, red onion, and our secret sauce.

Hamburger or Beyond Burger \$9.49

Cheeseburger or Beyond Burger \$9.99

Hamburger or Beyond Burger \$11.99

with Fries

Cheeseburger or Beyond Burger \$12.99

with Fries

Add Bacon or Avo +\$2.50

Side of Fries with Secret Sauce \$3.49

CLASSIC SANDWICHES

Mom's Tuna

Dolphin-safe tuna salad, lettuce, tomato.

Avocado Delight

Avocado, lettuce, tomato, sprouts, carrots, cucumbers, cheddar cheese, Vegenaise, Spike seasoning.

Turkey Galore

Roasted turkey, Swiss cheese, lettuce, tomato, sprouts, carrots, cucumbers, onions, mayonnaise, mustard.

Figueroa

Roast beef, lettuce, tomato, carrots, cucumber, sprouts, roasted red pepper, horseradish, mayonnaise.

BLT

Nitrate-free bacon, lettuce, tomato and mayonnaise.

Black Forest Ham

Black Forest Ham, Swiss cheese, lettuce, tomato, sprouts, carrots, cucumbers, mayonnaise, mustard.

Italian Sub

Ham, salami, pepperoni, provolone cheese, tomato, red onion, lettuce, Italian dressing, mayo, mustard, pepperoncini, hoagie roll.

Ultimate Veggie

Hummus, avocado, tomato, cucumber, carrots, lettuce, red onion.

HOT SANDWICHES

Bacon, Goat Cheese, & Date

Bacon, goat cheese, dates, arugula, and balsamic glaze, ciabatta.

Southwest Blackened Chicken

Blackened chicken, Jack cheese, green chilies, tomato, red onion, lettuce and cilantro mayo.

Cowboy Melt

Blackened chicken, roasted tomato, caramelized onion, bacon, cheddar, mozzarella, aioli, ciabatta.

Melts: Ham, Roast Beef, Tuna

with your choice of cheese, mayonnaise, mustard.

Vegetarian Reuben

Sauerkraut, Swiss cheese, tomato, onions, mustard, Vegenaise on rye bread.

Grilled Tri Tip (Also available: Chipotle or BBQ)

Tri tip, avocado, queso fresco, cilantro mayo, pico de gallo, hoagie

Sun Tacos

Organic corn tortillas, miso, cheddar cheese, avocado, sunflower seeds, tomato, sprouts, lettuce, carrots, onion, lemon herb dressing.

Niman Ranch Hot Dog \$5.99

Niman Ranch Fearless Frank beef and pork hot dog with your choice of ketchup, mustard, relish, onions; toasted whole wheat bun.

Chili Cheese Dog \$5.99

Niman Ranch Fearless Frank beef and pork hot dog with your choice of ketchup, mustard, relish, onions; toasted whole wheat bun.