

PROUDLY BREWING JOEBELLA ORGANIC COFFEE

Atascadero, California

ORGANIC ESPRESSO

ESPRESSO	regular or decaf - 2 oz. double shot	\$3.25	
			12 OZ. 16 OZ.
AMERICANO	espresso & hot water	\$3.25	\$3.95
CAPPUCCINO		\$3.95	\$4.75
CAFE LATTE		\$3.95	\$4.75
CAFE MOCHA		\$4.75	\$5.75
BLENDED MOCHA		\$4.75	\$5.75
SHAKERATO	espresso, brown sugar, oat milk, shaken	\$5.45	
EXTRA SHOT		\$.95	
FLAVORED SYRUP		\$.75	
MILK OPTIONS	Whole, 2%, Nonfat, Soy, Oat, Coconut, Almond		

BREWED ORGANIC COFFEE

		12 OZ.	16 OZ.
BREWED ORGANIC COFFEE		\$2.75	\$3.25
COLD BREW COFFEE		\$3.75	\$4.25
RED EYE	brewed coffee with espresso shot	\$3.75	\$4.25
HOT CHOCOLATE		\$3.25	\$3.95

TEA & LEMONADE

	12 OZ.	16 OZ.	20 OZ.
HOT TEA	black, green or herbal	\$2.75	\$3.25
ICED TEA	black, green, or mango	\$2.75	\$3.25 \$3.55
LEMONADE	homestyle or lavender	\$2.95	\$3.55 \$3.75
ARNOLD PALMER	iced tea & lemonade	\$2.75	\$3.25 \$3.65
TEA LATTE		\$4.55	\$5.25
MATCHA LATTE		\$4.45	\$5.25
CHAI LATTE		\$4.45	\$5.25
DIRTY CHAI		\$4.95	\$5.75
HOT TODDY		\$5.45	\$6.25
fresh apple, lemon, ginger, honey, garlic, with hot water			

All prices subject to change



805.693.1746

New Frontiers Natural Marketplace
1984 Old Mission Dr, Solvang, CA
NewFrontiersMarket.com - order online!

NEW FRONTIERS MARKET TAKE OUT MENU

We also offer a hot bar, salad bar, fresh sushi, soups, stir fry bowls, fresh pizza, baked goods, and salads & sandwiches in our grab-n-go case.

FRESH JUICE 12 OZ. \$6.75 16 OZ. \$8.00

ALL JUICES ARE CERTIFIED ORGANIC

CARROT JUICE

CARROT + THREE Choose three: apple, beet, celery, cucumber, garlic, ginger, lemon, parsley, spinach, kale

JAKE'S KNOCKOUT PUNCH Carrot, celery, beet, ginger, garlic, lemon

NATURAL FRONTIER Carrot, celery, beet, cucumber, garlic, parsley

PERFECT BLEND Carrot, celery, apple, beet, lemon, ginger

RED BLAST Beet, apple, carrot, orange, kale, ginger

GREEN DRINK Spinach, cucumber, celery and parsley

CELERY JUICE

CELERY + 3 Choose three: apple, beet, carrot, cucumber, garlic, ginger, lemon, parsley, spinach, kale

GINGER SQUEEZE Apple juice with fresh lemon and ginger

WELLNESS SHOT 2 oz. \$4.95
Apple, lemon, ginger, tumeric, garlic, oregano oil, cayenne

ADD ITEM \$.75

SMOOTHIES 16 OZ. \$5.55 20 OZ. \$6.95

STRAWBERRY PATCH strawberries, banana, apple juice.

TROPICAL SUNRISE Mango, banana, pineapple, pineapple-coconut juice, orange juice.

RED DRAGON strawberries, lime juice, pineapple juice.

BLUEBERRY BLAST blueberries, banana, apple juice.

MIX & MATCH FRUIT PATCH Choose from blueberry, raspberry, peach, banana, strawberry and mango (some fruits seasonal).

MONSOON FREEZE protein rich shake with banana, strawberries, apple juice, papaya juice, dates, oat bran, wheat germ, vitamin C, protein powder.

GREEN SMOOTHIE organic kale, banana, mango, coconut milk.

CHOCOLATE PEANUT BUTTER CUP Peanut butter, banana, chocolate, milk.

ADD (EACH) protein powder, New Frontiers Greens Superfood, \$1.25
bee pollen, nutritional yeast, ground flax seed, chia.

SMOOTHIE BOWL \$8.99

Any smoothie topped with house made granola, banana, blueberries, ground flax seeds.

REAL. GOOD. FOOD.

SANDWICHES

HALF \$7.99 WHOLE \$11.99 HALF AND CUP OF SOUP \$11.99

All sandwiches served with potato chips or veggie sticks.

CREATE YOUR OWN

Bread

Sourdough	Hoagie roll
Whole Wheat	Gluten free
Focaccia	

Spreads

Mayonnaise	Cilantro mayo (vegan)
Yellow mustard	Honey mustard
Dijon mustard	Chipotle mayo
Vegenaise®	

Choose Your Base (CHOOSE 1)

Roast turkey	Avocado
Ham	Extras:
Tri tip	Double meat (+ \$3)
Tuna salad	Add bacon (+ \$3)

Cheese (CHOOSE 1)

Cheddar	Pepper jack
Provolone	Daiya vegan cheddar
Swiss	Extra cheese (+ \$2)

Veggies

Lettuce	Red onion
Tomatoes	Roasted red peppers
Pickles	Avocado (+ \$3)
Cucumbers	Pepperoncini (+ .75)
Carrots	

SOUP OF THE DAY

Cup

8 OZ.

\$5.49

Bowl

16 OZ.

\$7.99

Quart

32 OZ.

\$11.99

WHOLE PIZZA

8" \$9.99

14" \$19.99

GLUTEN FREE AVAILABLE

CLASSIC SANDWICHES

Mom's Tuna

Dolphin-safe tuna salad, lettuce, tomato, carrots, cucumber

Avocado Delight

Avocado, lettuce, tomato, carrots, cucumbers, cheddar cheese, Vegenaise, Spike seasoning

Turkey Galore

Roasted turkey, Swiss cheese, lettuce, tomato, carrots, cucumbers, onions, mayonnaise, mustard

Figueroa

Roast beef, cheddar, lettuce, tomato, carrots, cucumber, roasted red peppers, horseradish, and mayonnaise

Black Forest Ham

Black Forest ham, Swiss cheese, lettuce, tomato, carrots, cucumbers, mayonnaise, mustard

Italian Sub

Ham, salami, pepperoni, provolone cheese, tomato, red onion, lettuce, Italian dressing, mayo, mustard, pepperoncini, hoagie roll

Ultimate Veggie

Hummus, avocado, tomato, cucumber, carrots, lettuce, red onion

HOT SANDWICHES

Southwest Blackened Chicken

Blackened chicken, Jack cheese, green chilies, tomato, red onion, lettuce and cilantro mayo

Melts: Ham, Tuna, or Roast Beef

with your choice of cheese, tomato, onion, mayonnaise, mustard

Vegetarian Reuben

Sauerkraut, Swiss cheese, tomato, onions, mustard, Vegenaise on your choice of bread

Sun Tacos

Organic corn tortillas, miso, cheddar cheese, avocado, sunflower seeds, pico de gallo, lettuce, carrots, onion, lemon herb dressing

SPECIALTY SANDWICHES

WHOLE ONLY \$12.99

BLT

Nitrate-free bacon, lettuce, tomato, and mayonnaise on toasted bread

Bacon, Goat Cheese & Date

Nitrate-free bacon, goat cheese, dates, arugula, and balsamic glaze on focaccia

Cowboy Melt

Blackened chicken, roasted tomato, caramelized onion, bacon, shredded cheddar jack cheese blend, and garlic aioli on focaccia

Tri Tip *Served on a hoagie roll*

Grilled: Freshly grilled tri tip, avocado, queso fresco, cilantro mayo, pico de gallo

Chipotle: Roast tri tip, sauteed onions, provolone, chipotle aioli

BBQ: Roasted tri tip, sauteed onions, cheddar, BBQ sauce, mayo

All prices subject to change

FOR *kids* OF ALL AGES

PB&J \$5.99

Grilled Cheese \$5.99

Niman Ranch Hot Dog \$6.99

Niman Ranch Fearless Frank beef and pork hot dog with your choice of ketchup, mustard, relish, onions on a toasted whole wheat bun.

BURGERS BEEF OR VEGAN

Lettuce, tomato, pickles, red onion, and our secret sauce.

Hamburger or Beyond Burger \$10.99

Cheeseburger or Beyond Burger \$11.99

Hamburger or Beyond Burger \$12.99

with Fries

Cheeseburger or Beyond Burger \$13.99

with Fries

Add Bacon or Avo +\$3.00

Side of Fries with Secret Sauce \$4.49