

deals

August 28–October 1, 2024

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Lakewood
Organic Pure
Pineapple Juice

\$6²⁹

32 oz



Bragg
Organic Apple Cider
Vinegar

\$4⁴⁹

32 oz



Stock up on organic goodness!

Late July
Organic Tortilla Chips
selected varieties

2/\$7

10.1 oz



Primal Kitchen
Organic Ketchup
selected varieties

\$4⁷⁹

11.3 oz



Cascadian Farm Organic
Organic Potatoes
selected varieties

2/\$8

12–16 oz



Food For Life
Organic Ezekiel 4:9® Bread
selected varieties

\$4⁷⁹

24 oz



Alexia
Organic Fries
selected varieties

\$4⁷⁹

15–16 oz



Muir Glen
Organic Tomatoes
selected varieties

2/\$4

14.5 oz



Native Forest
Organic Coconut Milk
selected varieties

\$2⁴⁹

13.5 oz



Forager Project
Organic Cashewmilk Yogurt
selected varieties

\$4⁹⁹

24 oz



Alden's Organic
Organic Ice Cream
selected varieties

\$8²⁹

48 oz



Annie's Organic Mac & Cheese
selected varieties



2/\$6

6 oz

Crown Prince Natural Smoked Oysters
selected varieties

\$3.29

3 oz



Montebello Organic Artisan Pasta
selected varieties

\$3.49

1 lb



Maya Kaimal Organic Everyday Dal
selected varieties

\$3.49

10 oz



Mike's Mighty Good Craft Ramen
selected varieties

\$1.89

1.6-2.4 oz



Lotus Foods Organic Rice Noodles
selected varieties

\$2.99

8 oz



Muir Glen Organic Pasta Sauce
selected varieties

2/\$6

23.5 oz



San-J Organic Tamari Soy Sauce

\$4.99

10 oz



Wild Planet Wild Sardines
selected varieties

\$1.99

4.4 oz



Wild Planet Skipjack Wild Tuna
selected varieties

\$2.79

5 oz

Simply Organic
Organic Dip Mix
selected varieties

\$1.29

0.7-1.5 oz



Kettle
Potato Chips
selected varieties

2/\$6

4.25-5 oz



Boulder Canyon
Kettle Chips
selected varieties

\$2.99

5.25-6 oz



Pirate's Booty
Puffs
selected varieties

2/\$5

4 oz



Bobo's
Oat Bar
selected varieties

2/\$4

3 oz



Stacy's
Pita Chips
selected varieties

\$3.29

6.75-7.33 oz



Angie's
BoomChickaPop Popcorn
selected varieties

2/\$6

4.4-7 oz



Larabar
Fruit & Nut Bar
selected varieties

5/\$5

1.6-1.7 oz



RW Garcia
Organic Corn Chips
selected varieties

\$3.29

7.5-8.25 oz



Clif Bar
Energy Bar
selected varieties

2/\$3

2.4 oz



TCHO
Organic Chocolate Bar
selected varieties

\$3.29

2.5 oz



Gather around the table with Siete Foods! Siete creates delicious heritage-inspired products with thoughtfully selected ingredients, like these Grain Free Taco Shells and Sea Salt Tortilla Chips made with avocado oil. Enjoy with loved ones because Juntos es Mejor, or "together is better!"

**Chocolove
Chocolate Bar**
selected varieties



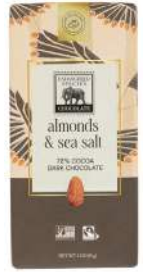
2/\$5
2.9–3.2 oz

**UNREAL
Chocolate Bars**
selected varieties



\$4²⁹
3.4–4.2 oz

**Endangered Species
Chocolate Bar**
selected varieties



2/\$5
3 oz

**Tony's Chocolonely
Chocolate Bar**
selected varieties



2/\$7
6.35 oz

**Tate's Bake Shop
Cookies**
selected varieties



\$4⁷⁹
6.5–7 oz

**Cascadian Farm Organic
Organic Cereal**
selected varieties



2/\$7
8.6–14.6 oz

**Guittard Chocolate
Baking Chips**
selected varieties



\$4⁹⁹
9–12 oz

**Spectrum
Organic Shortening**



\$8⁴⁹
24 oz

**Mamma Chia
Organic Chia Squeeze**
selected varieties



2/\$3
3.5 oz

**Celestial Seasonings
Tea**
selected varieties



\$3²⁹
12–20 ct

**Essentia
Alkaline Water**



2/\$3
1 lt

**Laird Superfood
Superfood Creamer**
selected varieties



\$6²⁹
8 oz

**Mount Hagen
Organic Instant Coffee**
selected varieties



\$8⁷⁹
3.53 oz

San Pellegrino
Sparkling Water



2/\$4

750 ml

Waterloo
Sparkling Water

selected varieties



\$5.29

12/12 oz

Vita Coco
Coconut Water

selected varieties



2/\$4

500 ml

Health-Ade
Organic Kombucha

selected varieties



\$2.79

16 oz

Koia
Plant-Based Protein Shake

selected varieties



\$2.99

12 oz

Harmless Harvest
Organic Coconut Water

\$3.79

16 oz

De La Calle!
Organic Mexican Soda

selected varieties

2/\$4

12 oz

Milkadamia
Macadamia Milk

selected varieties

\$4.79

32 oz

\$3.79

8 oz

Miyoko's
Organic Liquid Vegan
Pizza Mozzarella

\$5.29

16 oz

Miyoko's
Organic Vegan
Cream Cheese

selected varieties

\$3.79

8 oz



Built on the foundation of craft and compassion, Miyoko's Creamery is the natural, compassionate evolution of dairy—using time-honored techniques and the finest ingredients to make our award-winning, phenomenally vegan, plant-milk butter and cheese.

KeVita
Organic Kombucha

selected varieties

\$2.79

15.2 oz

Vive Organic
Organic Functional Shot

selected varieties

2/\$5

2 oz

Almond Breeze
Almondmilk

selected varieties

\$3.99

64 oz



**Califia Farms
Barista Blend Oatmilk**



\$3.79

32 oz

**Organic Valley
Organic Raw Cheese**
selected varieties



\$4.79

8 oz

**wildbrine
Kimchi**
selected varieties



\$5.29

18 oz

**Cosmic Bliss
Organic Dairy-Free Frozen Dessert**
selected varieties



\$4.99

14 oz

**MALK
Organic Almondmilk**
selected varieties



\$5.29

28 oz

**Nancy's
Organic Cottage Cheese**
selected varieties



\$4.29

16 oz

**Rumiano
Organic Sliced Cheese**
selected varieties



\$3.79

6 oz

**Wildwood
Organic High Protein Tofu**



\$2.79

16 oz

**So Delicious
Plant-Based Frozen Dessert**
selected varieties



\$4.79

16 oz

**So Delicious
Coconutmilk Yogurt Alternative**
selected varieties



\$5.29

24 oz

**Nuts for Cheese
Organic Vegan Cheese**
selected varieties



\$5.79

4.2 oz

**Bitchin' Sauce
Bitchin' Sauce**
selected varieties



\$3.79

8 oz

**Dr. Praeger's
Veggie Burgers**
selected varieties



\$4.49

10-11 oz

Om
Organic Lion's Mane

\$16⁹⁹

100 g



Vibrant Health
Green Vibrance

\$45⁹⁹

11.68 oz



Nordic Naturals
Algae Omega

\$22⁹⁹

60 ct



Yerba Prima
Psyllium Husks Powder

\$12⁹⁹

12 oz



Garden of Life
Vitamin Code® Raw Zinc

\$11⁹⁹

60 ct



Natural Factors
WellBetX® Berberine 500 mg

\$21⁹⁹

60 vcap



Trace Minerals
ConcenTrace Trace Mineral Drops

\$33⁹⁹

8 oz



Dr. Bronner's
Organic Hand Sanitizer
selected varieties

\$3⁷⁹

2 oz



The Grandpa Soap Co.
Pine Tar Bar Soap

\$3²⁹

3.25 oz



ShiKai
Borage Therapy Hand Cream

\$6²⁹

2.5 oz



DERMA E
Anti-Wrinkle Renewal Cream

\$15⁹⁹

4 oz



Mrs. Meyer's Clean Day
Liquid Dish Soap
selected varieties

\$3⁹⁹

16 oz



ACURE
Shampoo or Conditioner
selected varieties

\$6⁴⁹

8 oz



Weleda
Skin Food

\$14⁹⁹

2.5 oz



Moroccan Style Meatballs

45 MIN • SERVES 2-3

INGREDIENTS

½ pound ground beef	1 cinnamon stick
½ pound seasoned ground pork	⅓ cup honey
1 medium yellow onion, diced (divided)	¼ teaspoon sea salt
3 tablespoons olive oil	¼ teaspoon ground black pepper
2 large garlic cloves, minced	½ preserved lemon, chopped (optional)
15 ounce can fire-roasted crushed tomatoes	⅓ cup crumbled feta
1 teaspoon ground ginger	1 cup cilantro leaves

DIRECTIONS

- 1 Combine ground beef, pork, and half of the diced onion. Shape mixture into eight balls and set aside.
- 2 In a 4-quart saucepan, heat oil over medium heat. Add remaining onion and sauté until translucent. Stir in garlic, ginger, and cinnamon stick; cook for one minute.
- 3 Add tomatoes, ½ cup water, honey, salt, and pepper. Bring to a gentle simmer and cook for 10 minutes. Place meatballs in sauce and continue to cook for 15 minutes or until internal temperature reaches 165°F.
- 4 Stir in preserved lemon and serve with crumbled feta and cilantro.



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As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

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